



WINDOWS *of* CONNECTION

WHERE I WAS

WHERE I AM NOW

CREATE

You are invited to take a Window of Time to think about the following:

How has the connection to yourself changed as you've explored the strength within you?

You can use words, shapes, symbols or images in the puzzle piece to represent your strength. Use the space on either side to reflect on your journey.

CARRY

Art goes beyond our tangible creations and takes shape over time. Keep your creation nearby and revisit it when you need inspiration, encouragement, or a reminder to continue connecting with yourself and others.

CONNECT

There are additional opportunities available to you for connection sharing stories, and celebrating our movement toward change. Visit awbw.org/connect to upload your creations and inspire each other. We welcome you to also post on your social media profiles using #AWBWconnect and tagging @awbworg.

