

Special 30th Anniversary Edition



2021 Impact Report

Survivor Story: Peace, Safety & Gratitude

“With this drawing, I was trying to show that I can stay in a place of peace and safety by embracing gratitude, even though there is a lot of turbulence outside.

I lived with an emotionally abusive and threatening spouse for a long time and separated from him last year. My situation still feels tenuous and raw at times, even though I am making headway on doing the things that need to happen as I rebuild my life.

There are so many details I have to attend to, that having A Window Between Worlds’ Survivors’ Art Circle is a form of self-care for me. It’s something that I do only for me — not my child or other people in my life. It’s exclusively for me and for building me up.”*



The cover art was created in our “Windows of Gratitude” workshop, in response to the prompt “What does it mean to you to look at your life through a lens of gratitude?” The artist’s name and location has been kept anonymous for the safety of the survivor.

.....

* AWBW’s Survivors’ Art Circle (SAC) is a confidential peer-to-peer support group open to any member of the public who identifies as a domestic and/or sexual violence survivor. SAC members meet virtually once a month, creating art in community as a way to explore their past, present, and take positive steps toward the future.

Special thanks to Kim Cummings for sponsoring Survivors’ Art Circle.

Welcome!

Last year, as we honored the 30th anniversary of A Window Between Worlds (AWBW) using art to heal and transform trauma, we experienced some of the most significant programmatic growth recorded in any given year; **a 63% increase in Facilitators using our healing arts curriculum, and a 50% increase in the number of survivors we serve to 60,000 nationwide and abroad.**

This incredible growth was in direct response to an equally dramatic rise in need for arts-based mental health programs for individuals, families, and professionals. Thankfully, as demand for AWWB's services grew, our solid foundation of staff, board, donors, facilitators and volunteers all responded with unwavering support as we grew to meet this crucial need.

It is for this reason that we choose GRATITUDE as the theme for our 2021 Impact Report.

Gratitude for every donation. Gratitude for every workshop facilitated. Gratitude for each and every one of you that have stood with us in solidarity as we grew our mission and expanded our programs.

Thank you for being our partners, collaborators, mentors and friends. It is your leadership and commitment over the last 30 years that has lifted up AWWB to be the incredible organization it is today.

For this, I am truly grateful.



Zachery Scott
Executive Director



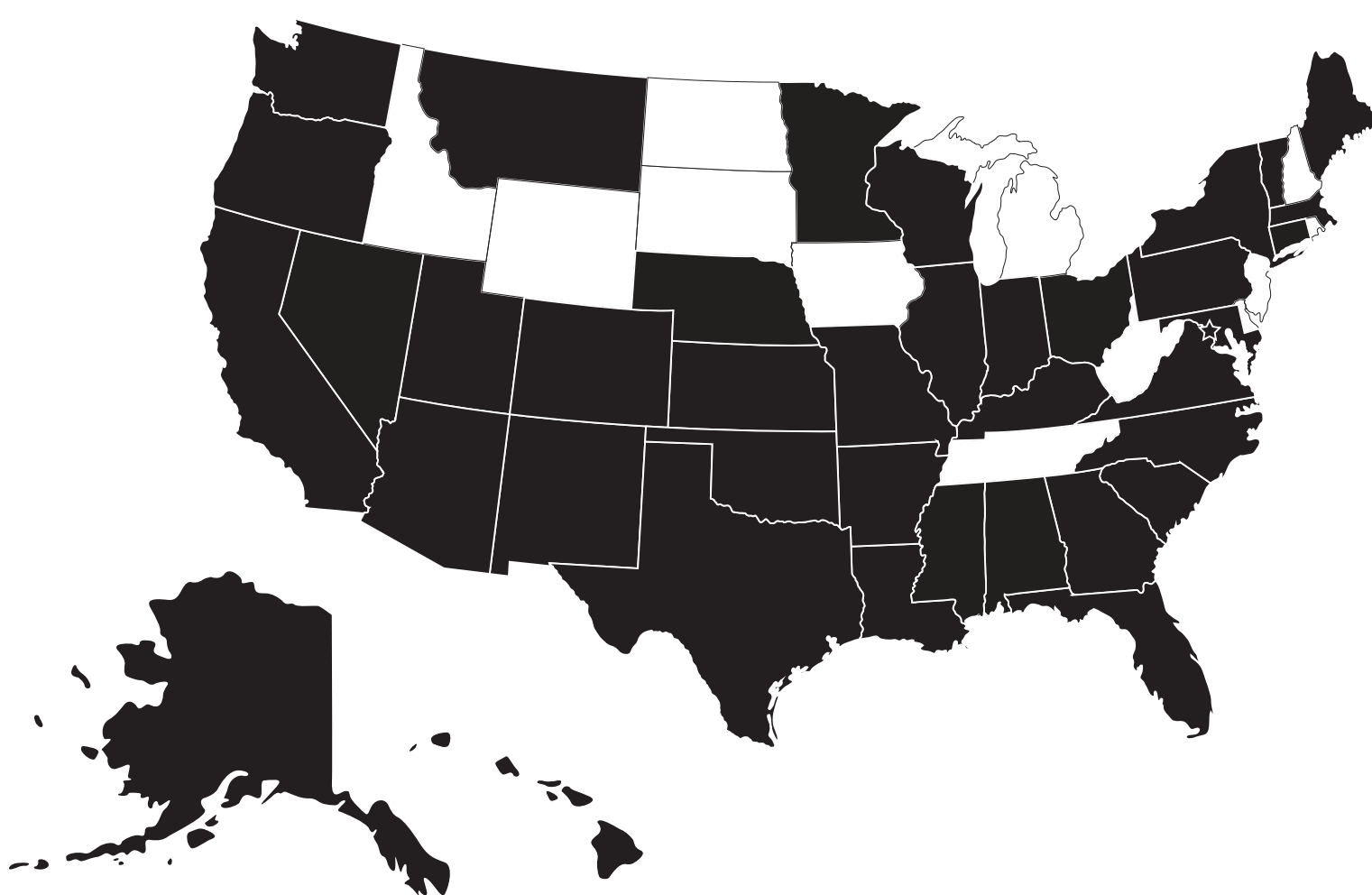
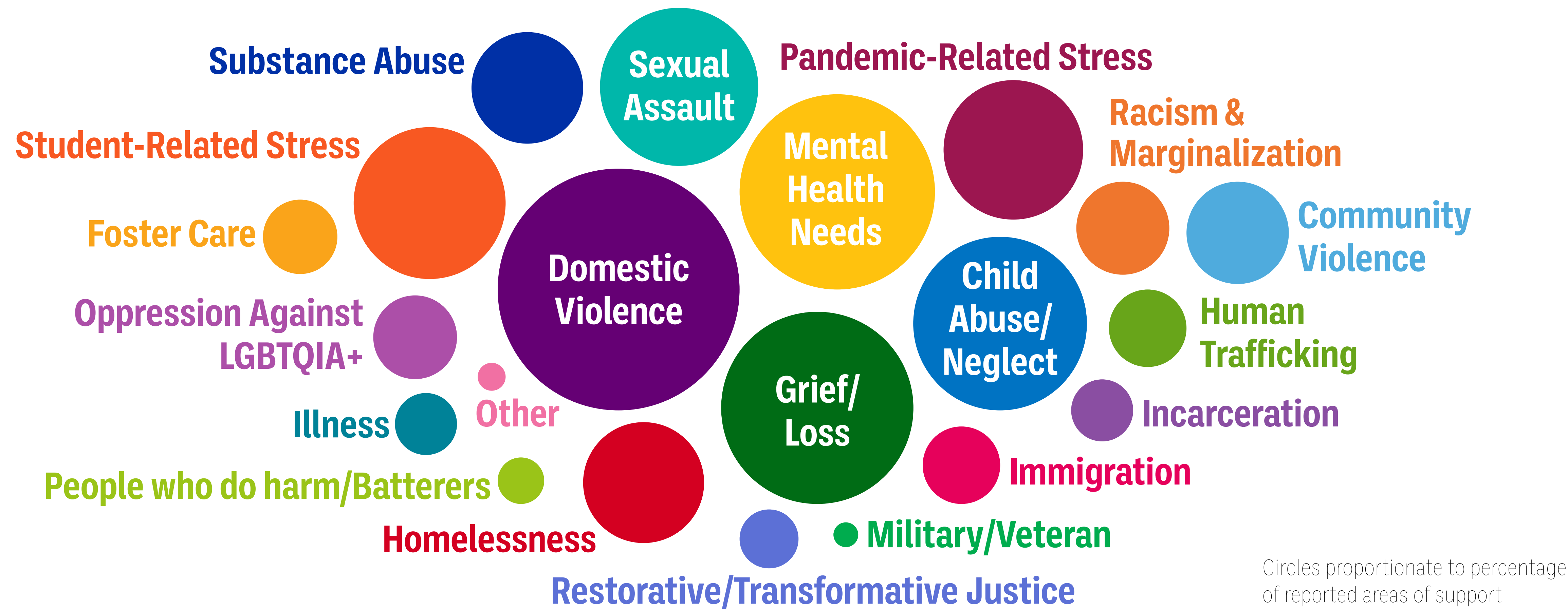
"Touchstones" Workshop; Light Machine Arts, California

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Our Reach

Windows Facilitators support participants with these life experiences:



In 2021, we had Program Partners in 39 States and 6 Countries:

- | | | | | | |
|---------------|-----------------|------------------|------------------|-----------------|----------------------|
| • Alaska | • Georgia | • Maryland | • New Mexico | • Texas | • Dominican Republic |
| • Alabama | • Hawaii | • Maine | • Nevada | • Utah | • Mexico |
| • Arkansas | • Illinois | • Minnesota | • New York | • Virginia | • Pakistan |
| • Arizona | • Indiana | • Missouri | • Ohio | • Vermont | • Phillipines |
| • California | • Kansas | • Mississippi | • Oklahoma | • Washington | • South Africa |
| • Colorado | • Kentucky | • Montana | • Oregon | • Washington DC | • Venezuela |
| • Connecticut | • Louisiana | • North Carolina | • Pennsylvania | • Wisconsin | |
| • Florida | • Massachusetts | • Nebraska | • South Carolina | | |

Our 2021 Impact

— We supported —

760
WINDOWS
FACILITATORS

— at —

313
PARTNERING
ORGANIZATIONS

— who worked with —

60,000+
ART WORKSHOP
PARTICIPANTS



“Sun Kisses, Moon Hugs” Workshop; Tides of Change, Oregon

.....
Facilitators reported that the Windows Program helps...

94% to build
resilience

91% participants feel
more positive
about their future

91% strengthen
self-regulation
skills



Seeing AWBW
still helping so
many through
trauma makes
me very
grateful. This
circle of courage
& healing we
began so long
ago remains
strong.

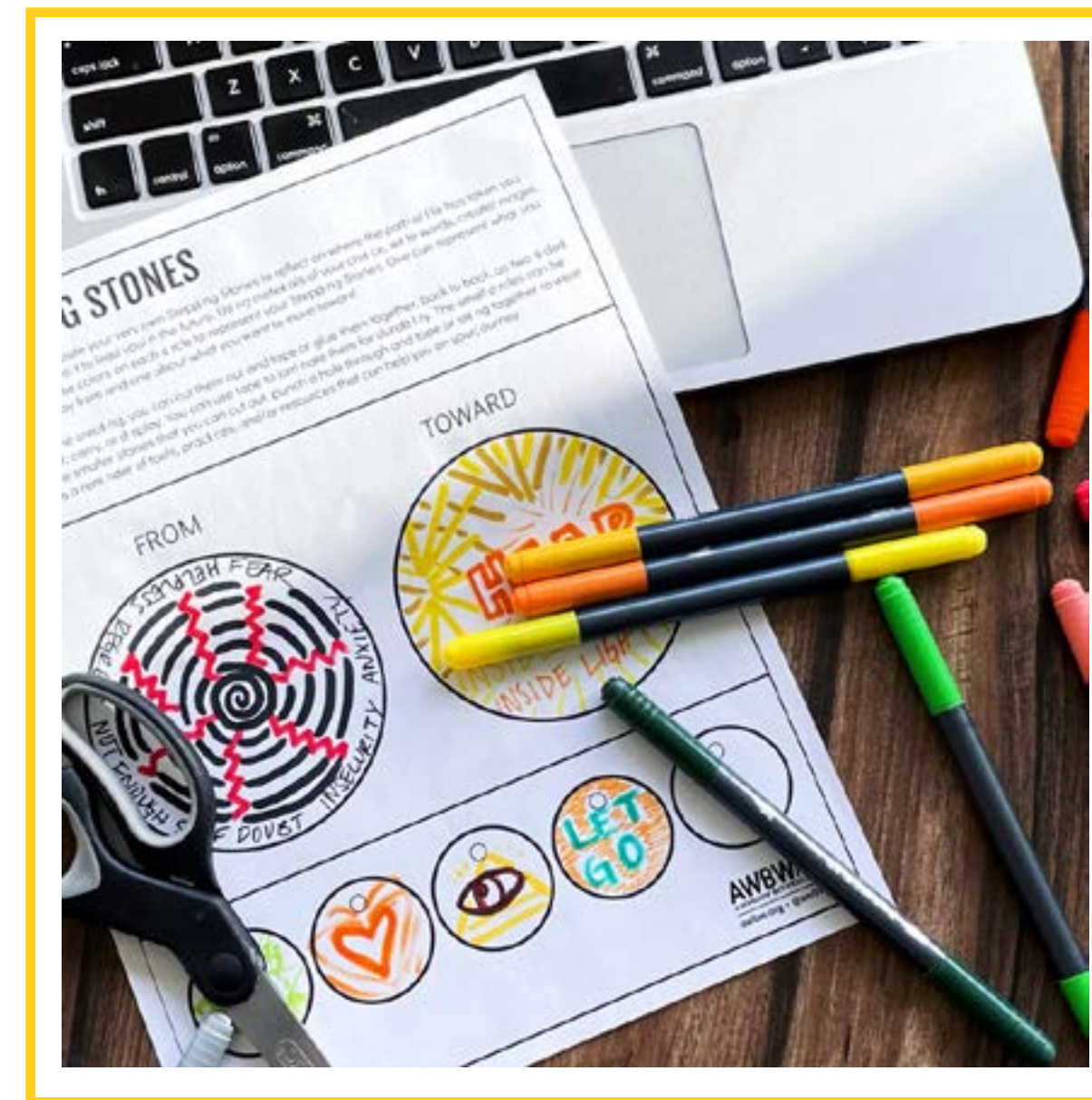
Dolores Sanico
First Executive Director
of AWBW

Supporting Our Facilitators in 2021

410 WINDOWS FACILITATORS TRAINED
(A 76% INCREASE IN TRAINEES FROM 2020!)

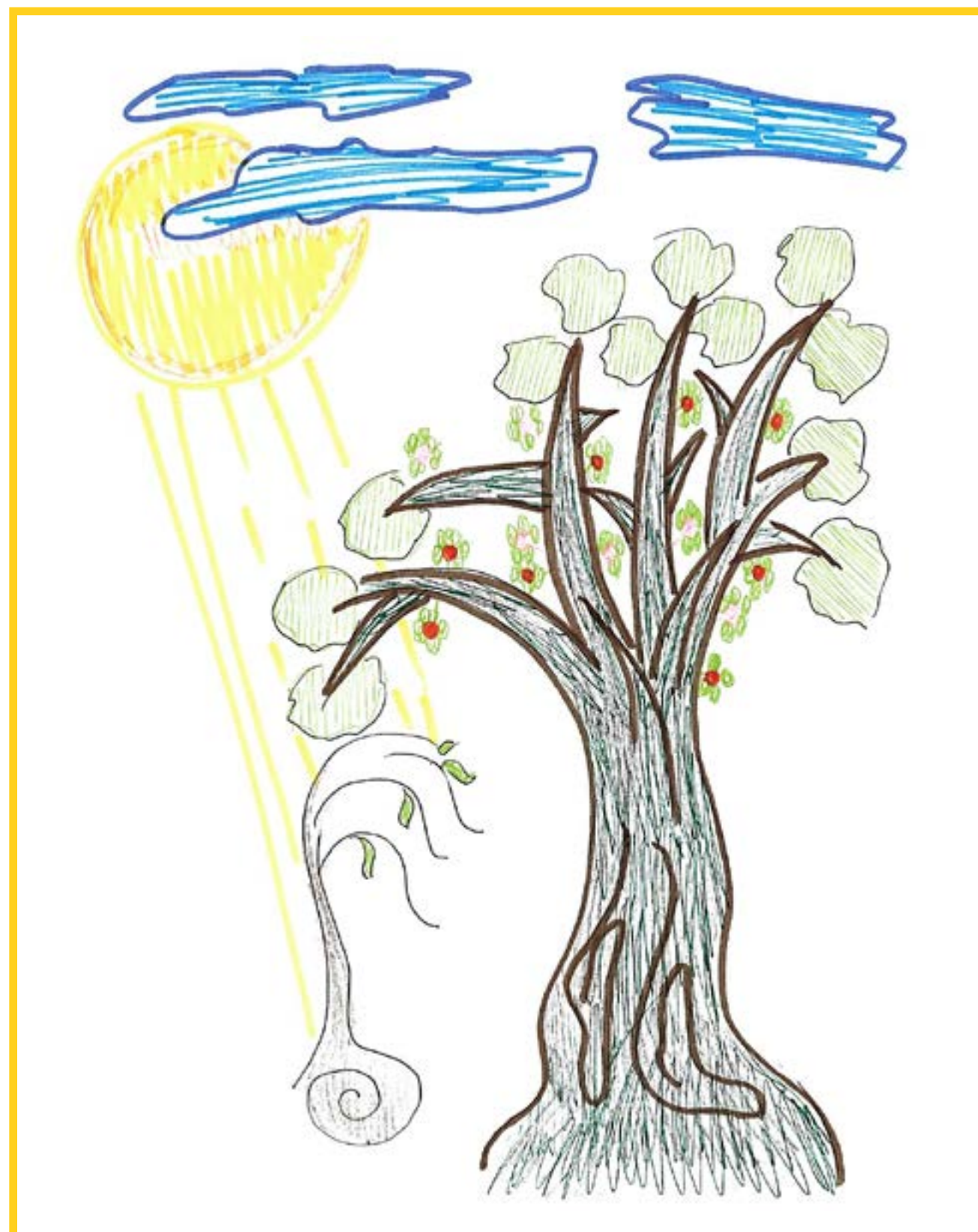
286
AT AWBW
TRAININGS

124
BY COLLEAGUES THROUGH OUR
TRAIN-THE-TRAINER MODEL



*Windows
prioritizes art in
the therapeutic
process,
providing safe
& creative
mediums for
communities
to do the work
of healing.*

Aaron Mason
Windows Facilitator since
2016; Clinical Director,
REACH LA



“Story Tree”; Children of the River, Washington

Resources we offered included:

3 Peer-To-Peer Groups

- Anti-Racism Group
- Survivors’ Art Circle
- Touchstone Journey Learning Labs

4 Facilitator Enrichment Trainings

- Grief & Loss
- Self-Care Techniques
- Implicit Bias
- Gratitude & Wellness

34 New Art Workshops

added to our
curriculum of 600+
healing art activities.

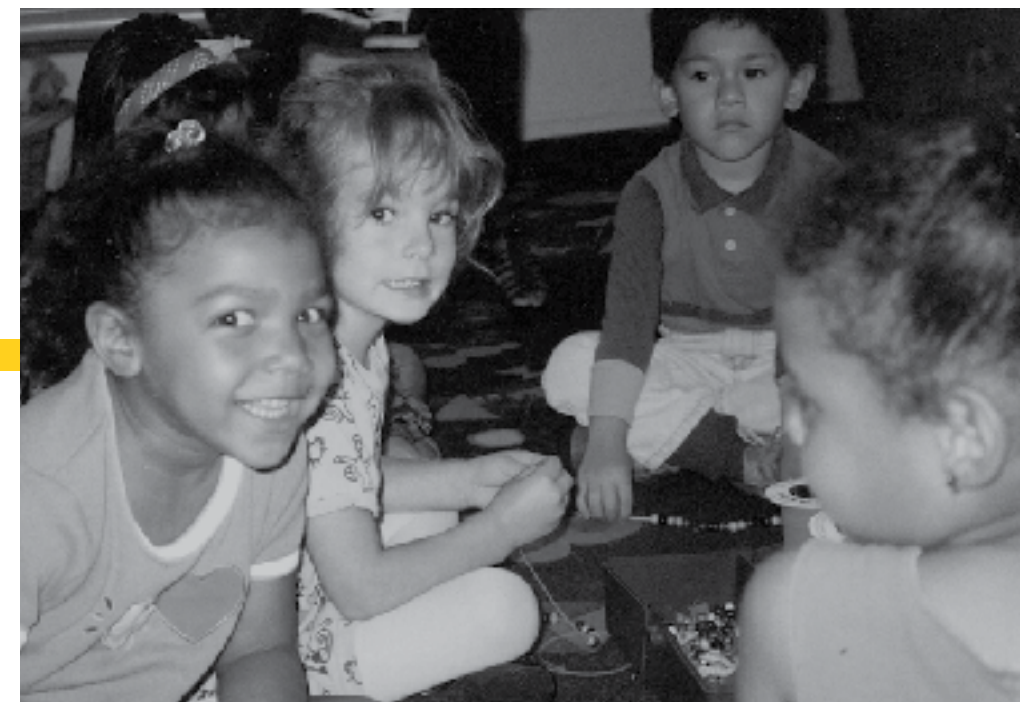
3 New Workshop Series

including our
“Windows of Gratitude”
journal available to you
at awbw.org/gratitude

Celebrating 30 Years of Art Transforming Trauma



1991
Founder Cathy Salser with workshop participants on the cross-country tour that birthed AWWB



1996
At request of Los Angeles DV council, launched "Children's Windows" at 17 partner organizations



2004
Began the transition to searchable digital curriculum — provided more access to new & old workshops



2021
July virtual Facilitator Training — welcomed 96 attendees, the most ever!



2014
Unveiling of new mission — expanded to address all forms of trauma



2006
Community Story Tree mural — invited voices of survivors & donors nationally & internationally

SERVING **400,000+** TRAUMA SURVIVORS IN 30 YEARS

THROUGH TRAINING **5,000+** WINDOWS FACILITATORS



In honor of our 30th Anniversary, we focused on 3 key initiatives:

Uplifting Voices: Amplifying the voices & impact of our facilitator network

Centering Social Justice: Enhancing the social justice & equity work of our facilitators

Embedding Sustainability: Building a lasting foundation for both programs & operations

Initiative 1: Uplifting Voices

As part of our commitment to uplift the voices of our Windows Facilitators and art workshop participants, we created a series of videos sharing first-hand the power of art in transforming trauma. To view the series visit awbw.org/voices.



Stacia Kato

**Founder, Proud Momma Bears
& AWBW Board Chair**

In this moving video celebrating Pride Month, Stacia shares about using her training as a Windows Facilitator in her journey as the mother of a transgender daughter, including creating art with fellow mothers of LGBTQ+ youth in the Asian American and Pacific Islander community.



Karen Gonzalez

Founder, Helping Hands Resource Center

A domestic violence and sexual abuse survivor herself, Karen experienced Windows workshops while living in a shelter before becoming a Facilitator in 2014. In this video she shares the crucial role art has played in her and her daughter's journey from victims to survivors.



Daniel Domaguin, LCSW

**Behavioral Health Clinical Manager,
California Rural Indian Health Board, Inc.**

A Windows Facilitator since 2012, Daniel shares his experience engaging a Native American community affected by multiple suicides through AWBW's I CAN WE CAN workshop, including the art he created himself.

.....

We also began building our **Ladder of Leadership**. This model provides opportunities for participants and facilitators to share their experiences, along with compensation to our facilitators for facilitating trainings and peer-to-peer groups; creating new workshops; and sharing their expertise and innovations through a variety of avenues. Through these acts of leadership, collective professional growth further advances our internal capacity to expand our programs and offerings.

Initiative 2: Centering Social Justice

“With these powerful arts resources, we are breaking the chains of trauma — turning them into links of community and connection.”

– *Martine Philippe, A Window Between Worlds
Community Art Action Manager*

Social Justice Fellowship — supporting and empowering innovative community leaders across the country and abroad to address social inequalities through powerful collective art actions. To learn more about our 2021 fellows (pictured to the right), visit awbw.org/fellowship

Anti-Racism Group — monthly work group, holding space for facilitators to engage in learning opportunities, discussions, and cultivate tools to support ongoing action against racism, marginalization, and oppression.



Unathi Mahlati
Just Detention International
South Africa



Shanika Rucker, LCSW
Connecticut Institute for
Refugees and Immigrants



Carlos Mares
Rialto Unified School District
California



Michelle Daniels-Holloway
S.P.E.A.K. OUT LOUD
California



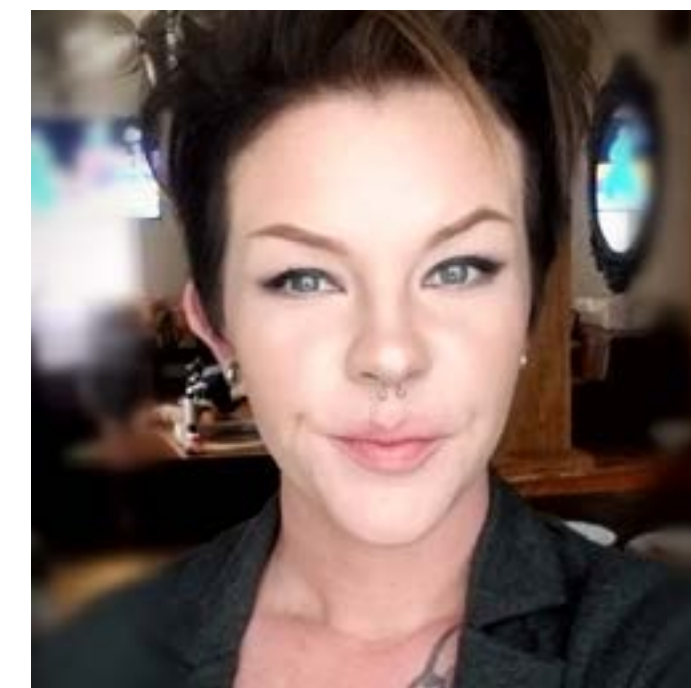
Anne Hillman
Out North
Alaska



Xelestíal Moreno-Luz
REACH LA
California



Amy Chou
Los Angeles Education
Partnership California



Allison Knier
Prism Youth
Kansas



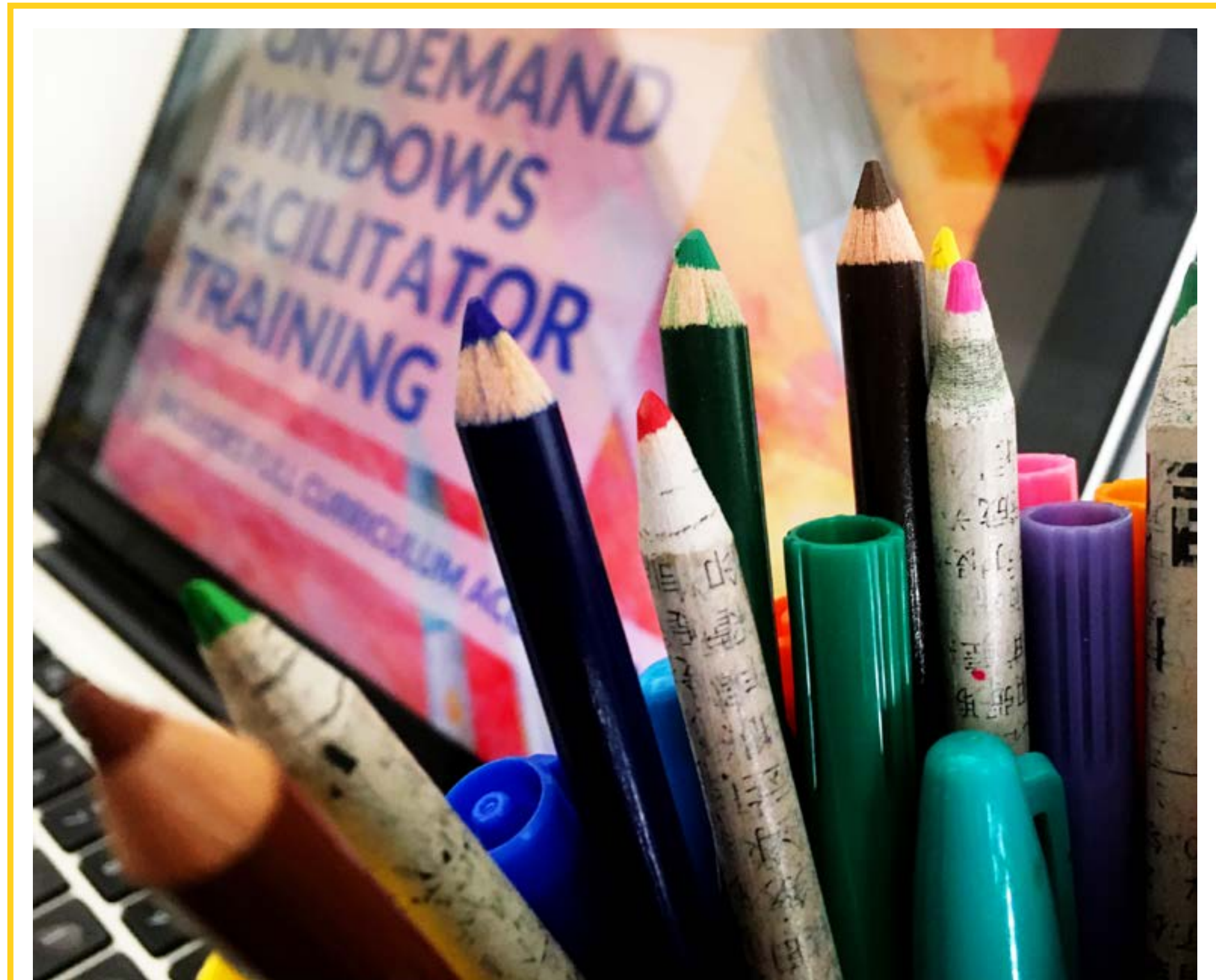
Esmeralda Mendoza
East Bay Sanctuary
California

Initiative 3: Embedding Sustainability

“Deep care and intentionality is radiant throughout this entire course.” – On-Demand Training Attendee, SafeHouse Denver

Our **On-Demand Facilitator Training** was introduced in November to further embed sustainability in our program model and improve access of our programs to historically hard-to-reach communities.

This new series of videos — designed to simulate key components of our signature two-day training — includes four hands-on art workshops, presentations by licensed clinicians, and handouts. Through an easy-to-use online learning platform, trainees can complete the course at their own pace, anytime, anywhere.



Our circle of sustaining donors grew by 46% in 2021!

Through a series of virtual art workshops in June and July, as well as personal outreach, we were able to connect many new people to our mission, growing ongoing support for our low-overhead, high-impact programs.

If you would like to join our circle of sustaining donors, please visit awbw.org/givemonthly

2021 Sustaining Members

Thank you for contributing to the sustainability and stability of AWBW

Adam Miller
Allison Block
Allison Edwards
Allison Unruh
Alyce LaViolette
Amy Kenny
Andrea Reibsamen
Andrea Walter
Angela Chen
Anneliese Waters
Bobbie McMorrow
Bonnie Hecht
Bruce Tyson
Cami Teel
Carol and David Adler
Carol Tseng
Carolyn Coleman
Manns
Cascade DePierre
Cathleen McGrath and
James Blythe
Cathy Engel-Marder
Cathy Salser
Cherise Austin
Christine Budzowski

Christine Lim
Cindy McQuade and
David Mayhan
Clare Brooks
Connie Arambula
Courtenay Fletcher
Daniel Sarpa
Darlene L. Martin
Deb and Len
Blackstone
Debbie and David
Yaskulka
Debbie Eisenberg
Debra Nakatomi
Deirdre Dietel
Dellis Frank
Dominic Lim
Edie Egwuonwu
Eleanor Driver Post
Elisa Perlman
Gabriela Alexis Lopez
Gemma Burgos
Genevieve Hannelius
Gretchen Hays
Grethel Solis
Heidi Gray

Hillary Hamilton
Hillary Marshall
James Hilao
Jamie and Henry
Escoto
Jamie Schiffer
Jan Blacka
Jane Cooke
Jay Alexander Taylor
Jessica Masterson
John DeLoof
Kathrine Lacofano
Kelley Mobley and
Maureen Gant
Kelly Cantero
Kim S. Thies
Kimberly Cortner
Kristin Hall
Kyle Kimmel
La Shonda Coleman
Letitia Quinn
Linda McFarlane
Lisa Hoffman
Lisa Remington
Maria Juarez
Martha Estes

Mary Ann Beardshear
Mary McThomas
Melinda Hochgesang
Michael and Jennifer
McDougall
Michael and Rosalie
Gotz
Nancy and Mike
Mooslin
Natalie Coleman
Nellie and Paul
Newman
Nicole Buffett
Nicole Welch
Pascale Cardozo
Patti Higgins
Peter Tunney
Rachel Barchie
Rachel Price
Ramya Kumar
Randy and Luke
Dauchot
Reba Dillon
Rebeka Moeljono
Rhonna Del Rio
Richard and Taylor
Beale

Roberta Nevers
Robin Rea
Scarborough
Sally Stevens
Sandra and Stephen
Mueller
Sandra Briney
Sash Ramaswami
Shannon Peterson
Shelley Frost
Shikha Bhatnagar
Sonia Hsieh
Schumacher
Stacia K. Kato
Stephanie Molen
Sunny Cho
Susan Bernardo
Suvan and Steve Geer
Suzanne Brogger
Tami Pardee
Tiffany N. Bright
Trini Nuñez
Tupelo Hassman
Wade Mueller
Zachery Scott and
Lior Hillel



*With each
monthly
gift I am
reminded of
the miracles
& joy I saw on
the children's
faces
when I was
facilitating art
workshops.*

Nellie Newman
Windows Facilitator since
1999; Board Emeritus

2021 Major Donors

Thank you for your support of our Windows Facilitators and helping survivors find hope and healing

\$50,000+

Capital Group
Dwight Stuart Youth Fund
Elisa Perlman
Green Foundation
John Gogian Family Foundation
Salser Family Foundation
William & Charlene Glikbarg Foundation

Entravision
Helmstetter Family Foundation
Jeffery Farber
John DeLoof
Judy Spiegel
Kim Cummings
Larry Layne and Sheelagh Boyd
Lisa Caine
Lucille Ellis Simon Foundation

Yvonne Hsieh and David Schumacher
Zachery Scott and Lior Hillel
Zealot Productions, Inc

\$500-\$2,499

Alexis and Douglas MacIvor
Allison Block
Alyce LaViolette
Anita Sinclair
Anonymous
Barb Gabrielli
Beale Capital/Richard & Taylor Beale Family Fund
Bill Resnick
Bobbie McMorrow
Bruce Tyson
Carol Berman
Carrie Rheinfrank and Chopper Bernet
Cathleen Hession
Daniel Kronfli
David Moskowitz and Michelle Kelly
Douglas Rosen
Edison International Corporate

Heidi Gray
Henry C. & Jane G. Otten Foundation
Ingrid Lilligren
Jamie and Henry Escoto
Jason Price
Joan Shoopke
Joy and Robert Penner
Judy Rhulen
Karen Akamine and Kim Robinson
Kathie Nirschl
Katie and Kevin Cordano
Kelley Mobley and Maureen Gant
Kesa Kivel
Kim S. Thies
KK Davis
Kyle Kimmel
La Shonda Coleman
Laurel Geller
Leonard Wechsler
Lina Paredes and Jerome Academia
Madeleine and Dennis Durkin
Margaret Lazzari
Maryanne Gallagher

Matthew Winkler
Michael and Jennifer McDougall
Michael and Rosalie Gotz
Michael Marans and Terri Crystal
Michael Spiegelman
Neal and Harriet Pepper
Nicole L. Kelsey
Rachel Barchie
Randy and Luke Dauchot
Richard Crowe
RMS Investment Group/Jewish Federation of Cleveland
Rob Schwenker
Sunny Cho
Susan Steinhauser and Daniel Greenberg
Suvan and Steve Geer
Tami Pardee
The Benevity Community Impact Fund
Tiffany N. Bright
Torrey Miller and Jay McClary
Yunkyung Kim

\$10,000-\$49,999

Gary Saltz Foundation
Los Angeles County Arts Commission
Marisla Fund - OCCF
Susan Salser
Willmas Charitable Trust
Winston Salser

Marguerite O'Toole
Michael Mason Foundation
Nellie and Paul Newman
Office of Supervisor Sheila Kuehl
Pam and George Douglas
Robert Wood Johnson Foundation
Robin Rea Scarborough
Smith Group
Stacia K. Kato
Terry Ball
Tom Stempel
Vistas for Children, Inc.
WWGD Fund

\$2,500-\$9,999

Andrew and Shannon Watt
Catalyst
Cathy Salser
Celia Bernstein and Bradley Kesden
EH Barker

Donor Story: Finding My True Self

Being a supporter of A Window Between Worlds is about more than making gifts to the organization; as a donor, you are part of a circle of creativity and innovation. We invite you to utilize art in your own lives, as longtime supporter Elisa Perlman shares here.



“This is my story. And, I want people to know that tomorrow’s a new day. Even in the darkest moments, the light is still there.”

– Elisa Perlman, 2021 “Uplifting Voices” Award recipient and longtime AWBW supporter

“I’m not an artist. What I am is a human being just seeking expression. And, since discovering AWBW I’ve personally seen how art transforms lives.

When I looked at these paintings I created, I felt shame; like they were childlike figures and questioned what I was doing. But shame is what prevents us from getting to what we really feel — it is the barrier to what’s really underneath. And the shame is an old belief system.

It’s amazing how far I’ve come. When I was a teenager, I tried to commit suicide. I was at the bottom, slowly climbing my way out in order to survive. I then spent my life striving for perfection, a straight “A” student, a successful business woman, always a perfect appearance — all at the expense of knowing who I truly am on the inside.

I found great healing in creating these paintings — and in all the art that I have created through my connection to AWBW. I’ve been able to recognize that whatever showed up on the paper was a reflection of me, and that’s what I want — to be free to be my true self.

There are always moments of challenge. But now I have art to give my emotions a voice.”

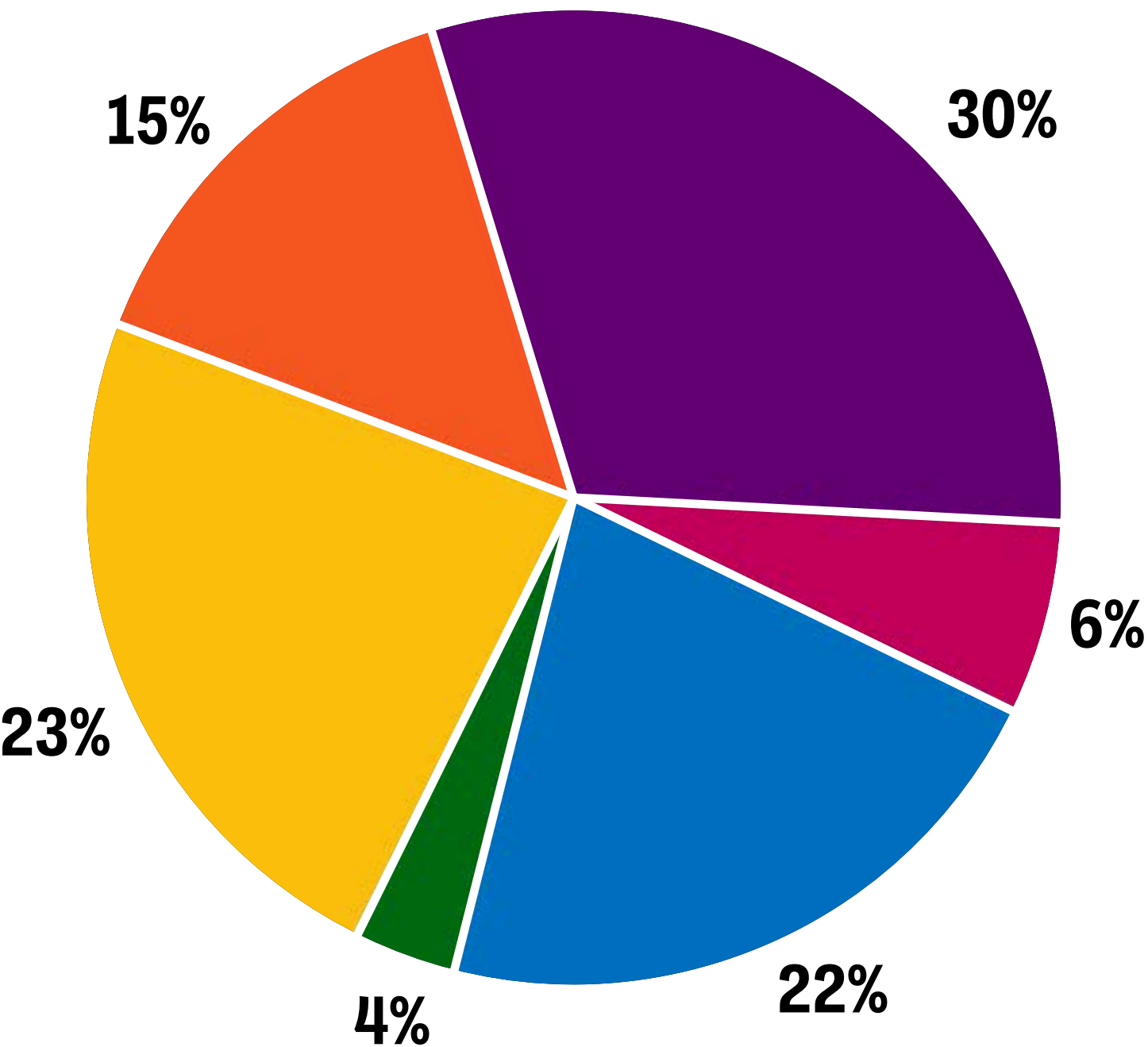
2021 Financials



Windows provides a unique & inviting space for healing that encourages & supports self-expression regardless of what form it takes.

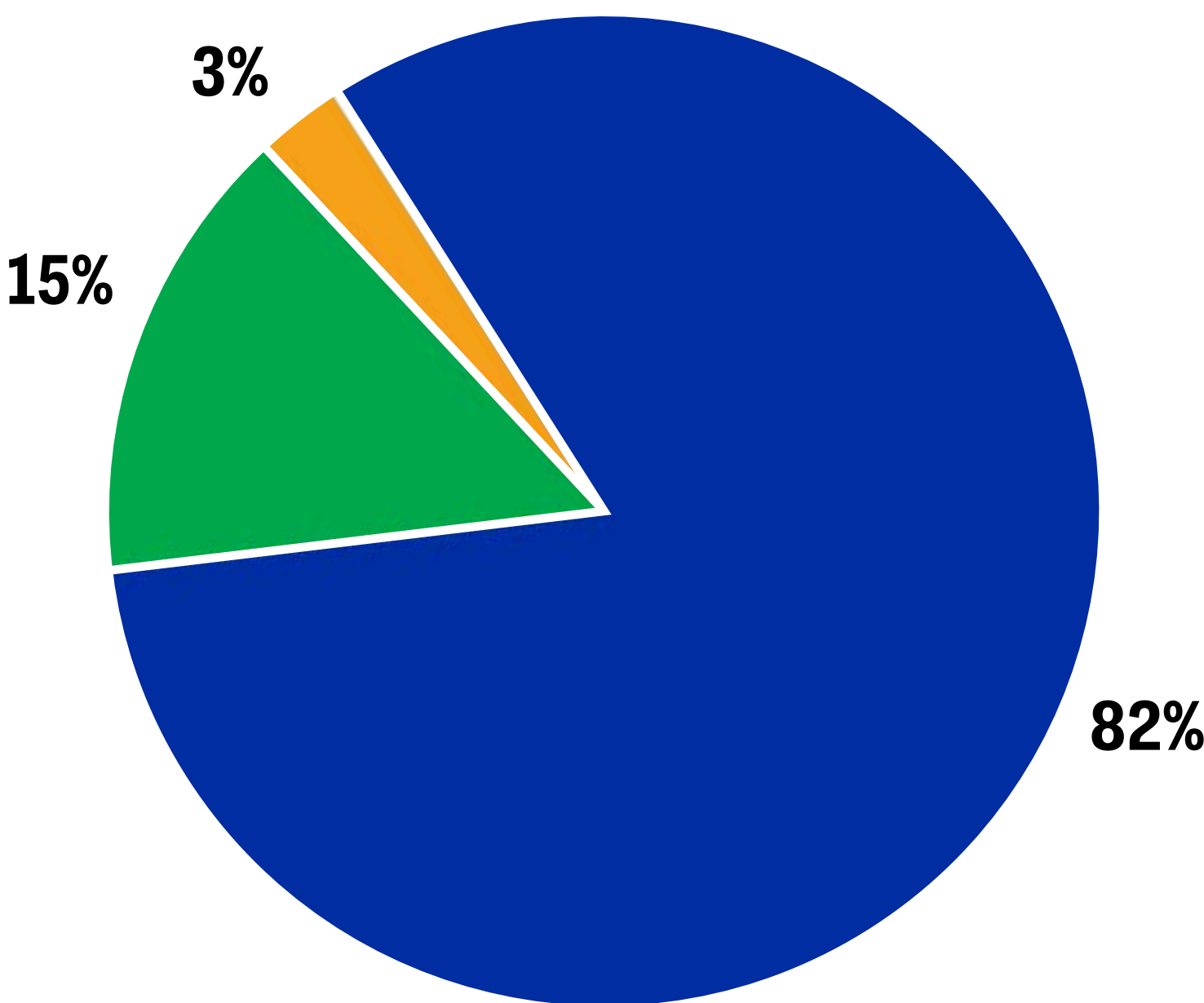
Lina Paredes
Board Chair 2016-2019

2021 REVENUE



	2021	2020
Foundations & Gov't	398,050	423,736
Corporations	81,830	39,376
Individuals	284,195	251,727
Special Events	45,750	58,259
Program Fees	304,544	110,364
Other	189,781	163,559
	\$1,304,150	\$1,047,021

2021 EXPENSES



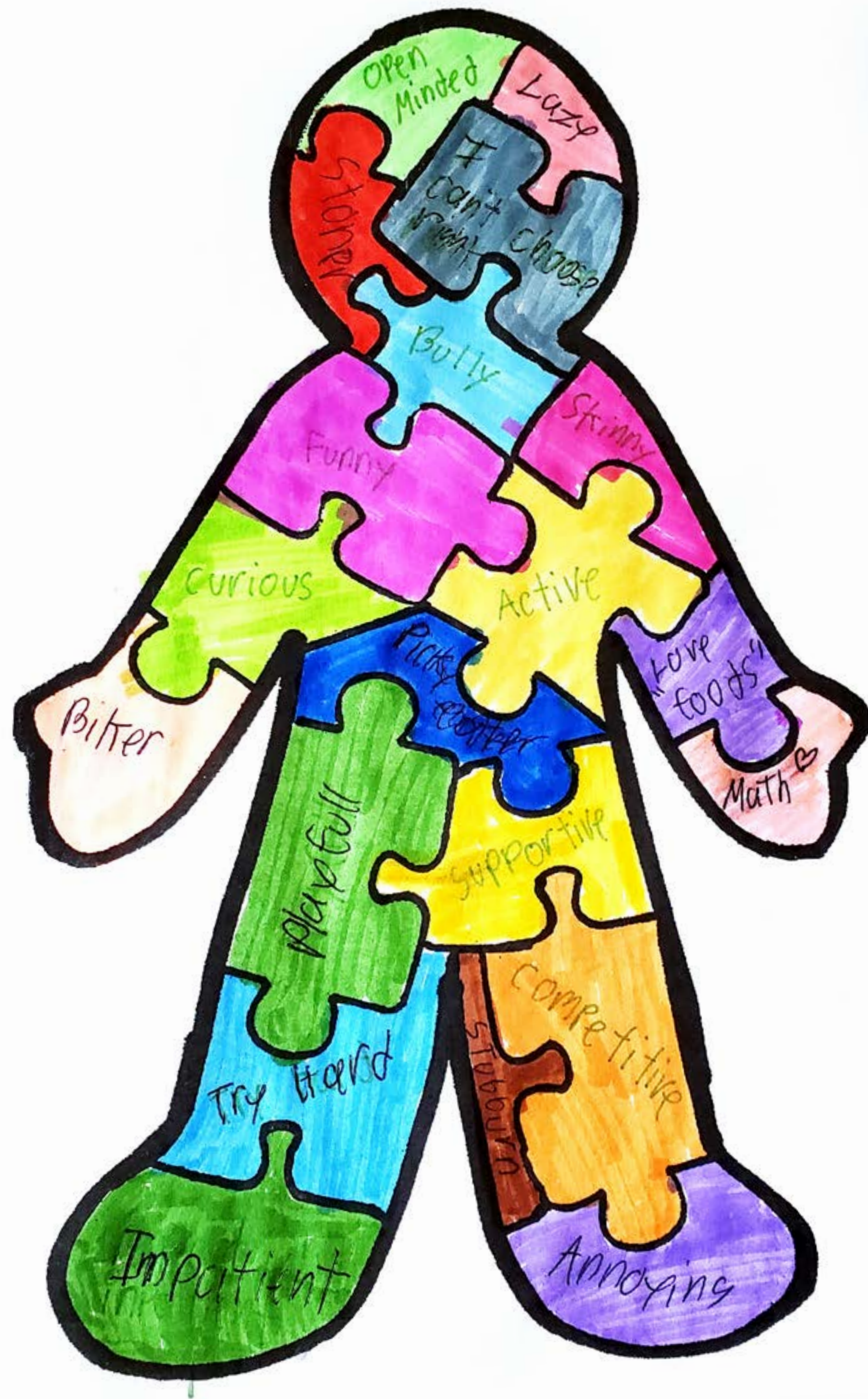
	2021	2020
Program Services	762,091	685,054
General & Admin.	139,534	118,115
Fundraising	25,208	22,666
	\$926,833	\$825,835
Unrestricted Net Assets: \$1,101,772		

Youth Participant Artwork

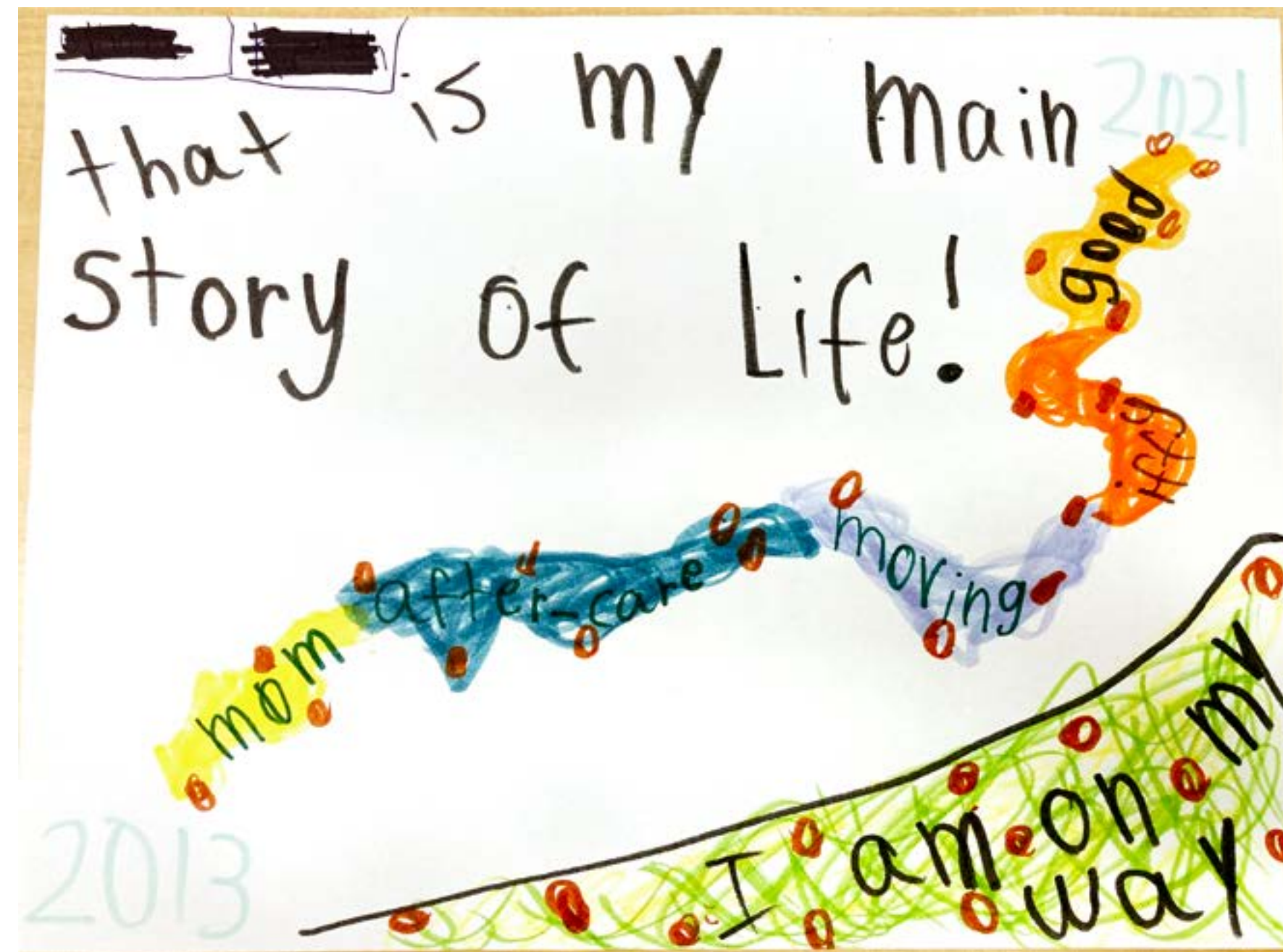


AWBW created a window of opportunity for communication with my children that was needed but may have never taken place without art.

Cynthia Lopez
SILENCED NO MORE
Windows Program &
Survivors' Art Circle
Participant



“Putting Myself Back Together” Workshop
Orange County Probation Department, California



“River Stories” Workshop, 8-year-old
The Out-Of-Door Academy, Florida



“Claiming Who I Am” Workshop
Prism Youth, Kansas

Adult Participant Artwork

“

Windows
has the most
comprehensive
program and
best trained
facilitators
to share art
as a way for
survivors to
speak their
truth.

Kim Cummings
Program Sponsor &
Board Emeritus



“Connected While Apart” Workshop; Between Friends, Illinois



“Personal Needs Flower” Workshop
Hays-Caldwell Women’s Center, Texas



“Examining Relationships” Workshop
Prevail, Indiana

Thank You!

We are forever grateful to all who contributed to the progress and growth A Window Between Worlds experienced during our milestone 30th anniversary year. Thank you for support and leadership!

.....

Board of Directors

Stacia Kato

Board Chair

Sunny Cho

Board Secretary

Richard Crowe

Treasurer

La Shonda Coleman, LCSW

Board Member

LaVette Eaddy

Board Member

Nicole Kelsey

Board Member

Yvonne Hsieh

Board Member

Staff

Cathy Salser

Founder; Strategic Vision & Partnership Advisor

Christy Turek Rials

Training & Outreach Director

Emily Anne Evans

Marketing & Communications Manager

Kat Mardo

Training & Outreach Assistant

Martine Philippe

Community Art Action Manager

Rachel Price

Program Assistant

Rudy Hernandez

Windows Program Director

Sherisa Dahlgren

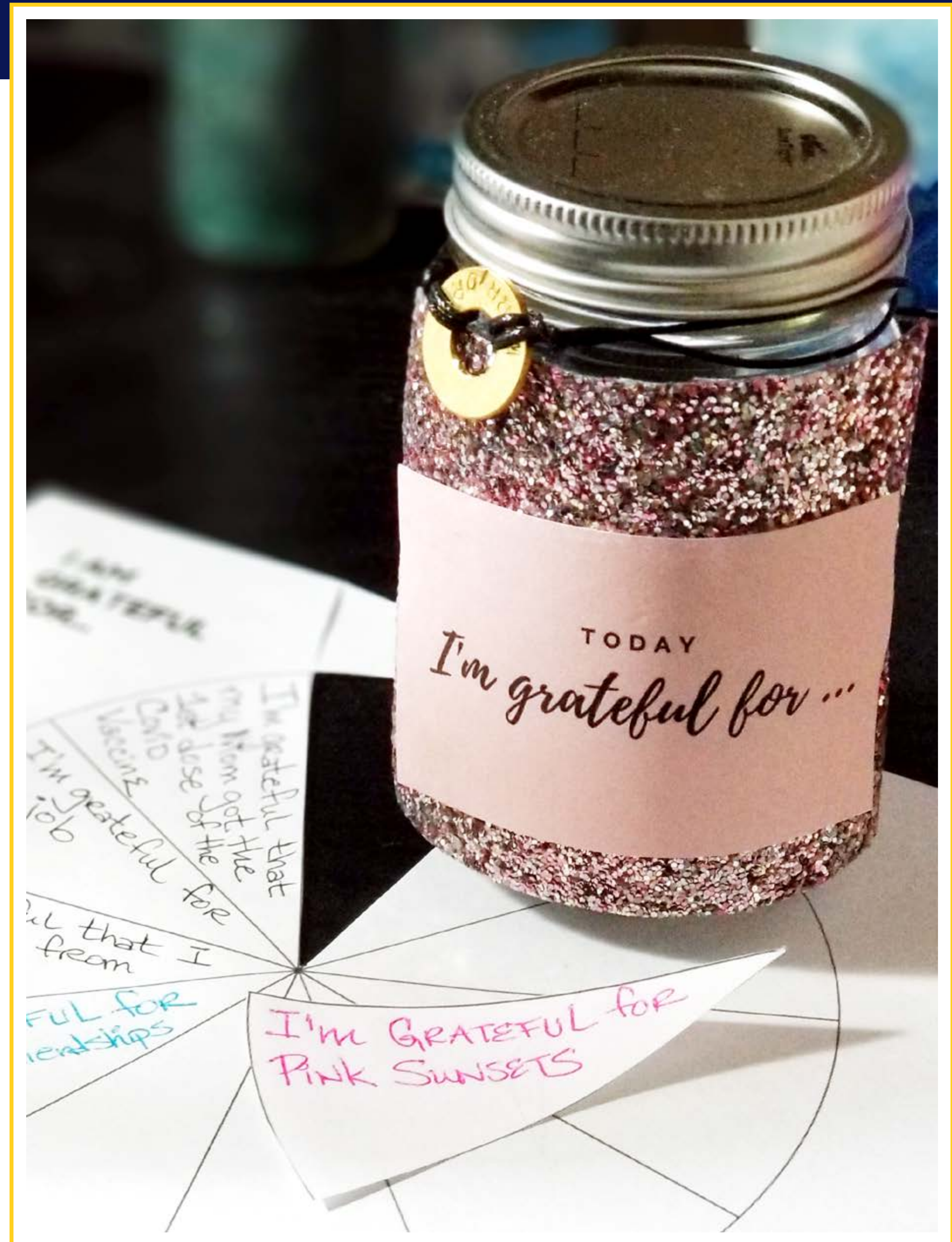
Program Consultant

Slade Bellum

Finance & Operations Consultant

Zachery Scott

Executive Director



“Gratitude Jar” Workshop; United American Indian Involvement, California

Our Mission & Vision

A Window Between Worlds is dedicated to empowering individuals and communities impacted by violence and trauma through a transformative healing arts program.

We view art as a catalyst to release trauma, build resilience and ignite social change. When individuals create art in a safe community they can be heard and respected — replacing violence and shame with safety and hope.



**1029 1/2 W. 24th Street
Los Angeles, CA 90007**

310-396-0317 • AWBW.org



“Story Tree” Workshop; Vermont Network Against Domestic and Sexual Violence