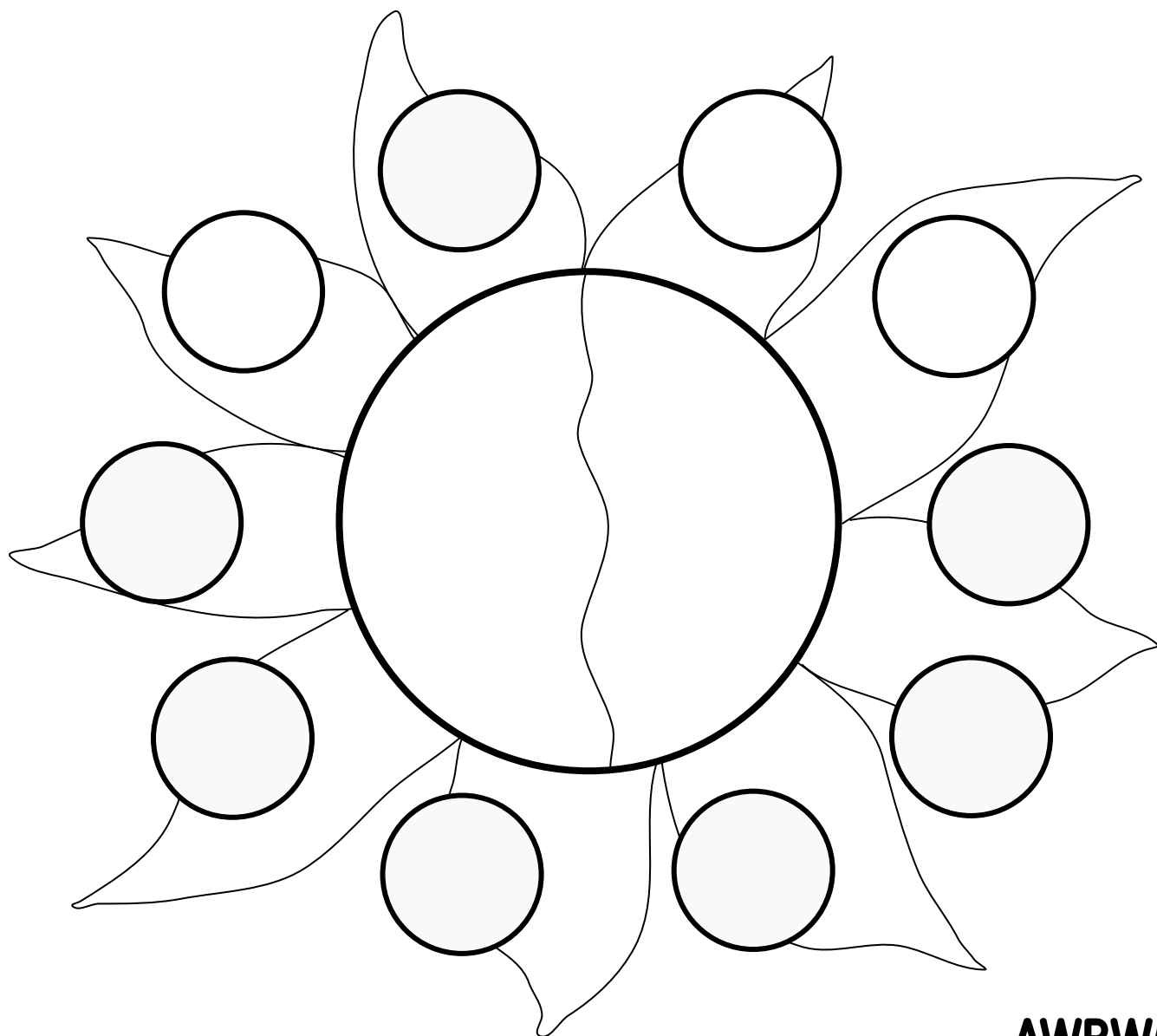


POWER OF TEN

This Touchstone offering was born during the 2020 US Presidential election cycle focused on voter mobilization. Created by Brooklyn-based artist and Touchstone Journeyer, Natalia Muñoz and AWBW founder, Cathy Salser, it is an invitation to use art to imagine and anchor 10 actions to challenge oppressive systems and dominant narratives. Through Touchstones, we can set intentions as a collective and not in isolation, create a tangible resource to sustain transformative action, and center self-care at the heart of our liberation. **Directions:** 1) In the center circle, use words, images, symbols and/or colors to explore what is at the core of your action right now. Your two sides might represent “from/toward,” “asleep/awake,” or “what moves me/what stops me,” etc. 2) Imagine 10 actions/steps you wish to take. What’s doable? What comes up for you? Play with it. Use the rays and/or small circles to capture first thoughts. 3) Vision how your **Power of Ten** can support you over time: Space to log 10 action moments? Journal? Cut out and wear your piece to spark dialogue? The art is the journey over time, and each moment along the way.

Continue the ripple: Invite your circle of 10 to create their own Power of Ten and continue the ripple.



"The art is not just the stone but the lived journey of connecting deeply with ourselves and each other." — Cathy Salser, Founder, AWBW