

# JUSTICE JOURNEY JARS

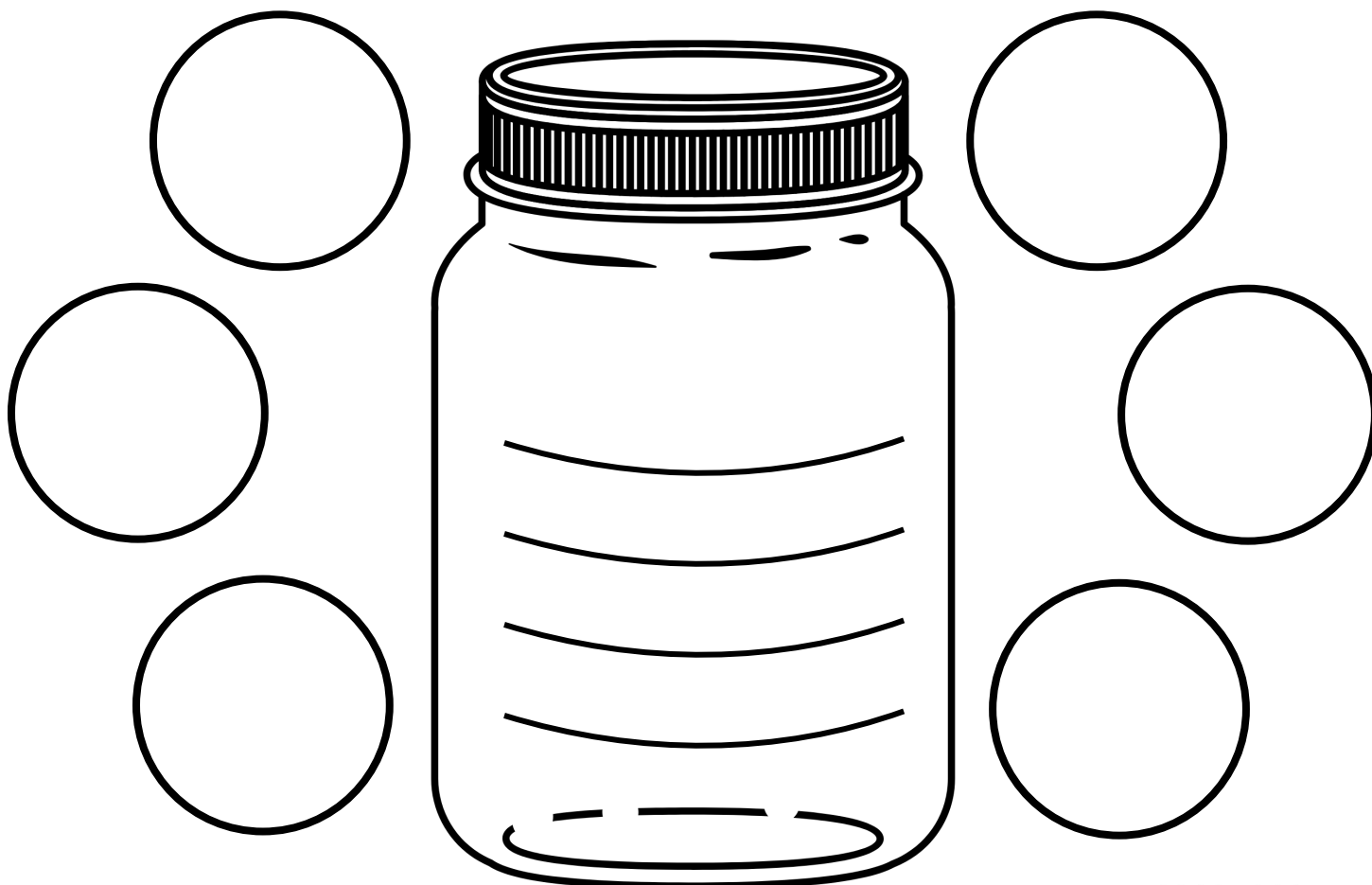
Last year, Touchstone Journeyer Jamie Escoto struggled with how to respond to her five-year-old son Lorenzo's questions on the murder of George Floyd, race and racism. They created Justice Journey Jars to guide their discussions and reflect on readings. She shares: "Touchstones have been a powerful tool to anchor our learnings and ongoing conversations—from Black Lives Matter to Stop Asian Hate to celebrating Pride—creating tangible pieces that hold and support our journey. I invite you to use Justice Journey Jars as a way to birth your own journey or journeys with loved ones."

## Directions:

- 1) **Anchor** your wishes as you begin your jar. Perhaps reflect on your journey towards social justice. What do you envision for the future? What actions do you want to take? What support do you need?
- 2) **Invite** words, images, symbols and colors onto the page below, using the jar and stone spaces to hold wishes, challenges, and/or what will help you along the way. There is no right or wrong way to create.
- 3) **Create** a durable resource using the supplies of your choice, (e.g., glass stones in a jar, laminated paper circles in an envelope) to add to and use over time, each stone holding a piece of your journey.

## Resources for Parents:

- [Resources for Talking About Race, Racism & Racialized Violence with Kids](#) (Center for Racial Justice in Education)
- [How to Talk Honestly With Children About Racism](#) (PBS)
- [21 Kids' Books About Racism, By Age](#) (Mommy Poppins)



"The art is not just the stone but the lived journey of connecting deeply with ourselves and each other." — Cathy Salser, Founder, AWBW