Special 30th Anniversary Edition

2021 Impact Report

Gratitude
“With this drawing, I was trying to show that I can stay in a place of peace and safety by embracing gratitude, even though there is a lot of turbulence outside.

I lived with an emotionally abusive and threatening spouse for a long time and separated from him last year. My situation still feels tenuous and raw at times, even though I am making headway on doing the things that need to happen as I rebuild my life.

There are so many details I have to attend to, that having A Window Between Worlds’ Survivors’ Art Circle* is a form of self-care for me. It’s something that I do only for me — not my child or other people in my life. It’s exclusively for me and for building me up.”

The cover art was created in our “Windows of Gratitude” workshop, in response to the prompt “What does it mean to you to look at your life through a lens of gratitude?” The artist’s name and location has been kept anonymous for the safety of the survivor.

*AWBW’s Survivors’ Art Circle (SAC) is a confidential peer-to-peer support group open to any member of the public who identifies as a domestic and/or sexual violence survivor. SAC members meet virtually once a month, creating art in community as a way to explore their past, present, and take positive steps toward the future.

Special thanks to Kim Cummings for sponsoring Survivors’ Art Circle.
Welcome!

Last year, as we honored the 30th anniversary of A Window Between Worlds (AWBW) using art to heal and transform trauma, we experienced some of the most significant programmatic growth recorded in any given year; a 63% increase in Facilitators using our healing arts curriculum, and a 50% increase in the number of survivors we serve to 60,000 nationwide and abroad.

This incredible growth was in direct response to an equally dramatic rise in need for arts-based mental health programs for individuals, families, and professionals. Thankfully, as demand for AWBW’s services grew, our solid foundation of staff, board, donors, facilitators and volunteers all responded with unwavering support as we grew to meet this crucial need.

It is for this reason that we choose GRATITUDE as the theme for our 2021 Impact Report.

Gratitude for every donation. Gratitude for every workshop facilitated. Gratitude for each and every one of you that have stood with us in solidarity as we grew our mission and expanded our programs.

Thank you for being our partners, collaborators, mentors and friends. It is your leadership and commitment over the last 30 years that has lifted up AWBW to be the incredible organization it is today.

For this, I am truly grateful.

Zachary Scott
Executive Director

“Touchstones” Workshop; Light Machine Arts, California

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Windows Facilitators support participants with these life experiences:

- Domestic Violence
- Mental Health Needs
- Child Abuse/Neglect
- Grief/Loss
- Pandemic-Related Stress
- Racism & Marginalization
- Community Violence
- Human Trafficking
- Incarceration
- Immigration
- Oppression Against LGBTQIA+
- Foster Care
- Illness
- People who do harm/Batterers
- Restorative/Transformative Justice
- Homelessness
- Substance Abuse
- Student-Related Stress
- Military/Veteran

In 2021, we had Program Partners in 39 States and 6 Countries:

- Alaska
- Alabama
- Arkansas
- Arizona
- California
- Colorado
- Connecticut
- Florida
- Georgia
- Hawaii
- Illinois
- Indiana
- Kansas
- Kentucky
- Louisiana
- Massachusetts
- Maryland
- Maine
- Minnesota
- Missouri
- Mississippi
- Montana
- New Mexico
- Nevada
- New York
- Ohio
- Oklahoma
- Oregon
- Pennsylvania
- South Carolina
- Texas
- Utah
- Virginia
- Vermont
- Washington
- Washington DC
- Wisconsin
- Dominican Republic
- Mexico
- Pakistan
- Phillipines
- South Africa
- Venezuela
Our 2021 Impact

We supported 760 WINDOWS FACILITATORS at 313 PARTNERING ORGANIZATIONS who worked with 60,000+ ART WORKSHOP PARTICIPANTS.

Facilitators reported that the Windows Program helps...

- 94% to build resilience
- 91% participants feel more positive about their future
- 91% strengthen self-regulation skills

“Sun Kisses, Moon Hugs” Workshop; Tides of Change, Oregon

Seeing AWBW still helping so many through trauma makes me very grateful. This circle of courage & healing we began so long ago remains strong.

Dolores Sanico
First Executive Director of AWBW
Supporting Our Facilitators in 2021

410 WINDOWS FACILITATORS TRAINED
(A 76% INCREASE IN TRAINEES FROM 2020!)

286 AT AWBW TRAININGS
124 BY COLLEAGUES THROUGH OUR TRAIN-THE-TRAINER MODEL

Resources we offered included:

3 Peer-To-Peer Groups
- Anti-Racism Group
- Survivors’ Art Circle
- Touchstone Journey Learning Labs

4 Facilitator Enrichment Trainings
- Grief & Loss
- Self-Care Techniques
- Implicit Bias
- Gratitude & Wellness

34 New Art Workshops
added to our curriculum of 600+ healing art activities.

3 New Workshop Series
including our “Windows of Gratitude” journal available to you at awbw.org/gratitude

Windows prioritizes art in the therapeutic process, providing safe & creative mediums for communities to do the work of healing.

Aaron Mason
Windows Facilitator since 2016; Clinical Director, REACH LA

“Story Tree”; Children of the River, Washington

AWBW 2021 IMPACT REPORT • 6
Celebrating 30 Years of Art Transforming Trauma

1991
Founder Cathy Salser with workshop participants on the cross-country tour that birthed AWBW

1996
At request of Los Angeles DV council, launched “Children’s Windows” at 17 partner organizations

2004
Began the transition to searchable digital curriculum — provided more access to new & old workshops

1996
At request of Los Angeles DV council, launched “Children’s Windows” at 17 partner organizations

2006
Community Story Tree mural — invited voices of survivors & donors nationally & internationally

2004
Began the transition to searchable digital curriculum — provided more access to new & old workshops

2014
Unveiling of new mission — expanded to address all forms of trauma

2021
July virtual Facilitator Training — welcomed 96 attendees, the most ever!

2014
Unveiling of new mission — expanded to address all forms of trauma

SERVING 400,000+ TRAUMA SURVIVORS IN 30 YEARS

THROUGH TRAINING 5,000+ WINDOWS FACILITATORS

In honor of our 30th Anniversary, we focused on 3 key initiatives:

**Uplifting Voices**: Amplifying the voices & impact of our facilitator network

**Centering Social Justice**: Enhancing the social justice & equity work of our facilitators

**Embedding Sustainability**: Building a lasting foundation for both programs & operations
Initiative 1: Uplifting Voices

As part of our commitment to uplift the voices of our Windows Facilitators and art workshop participants, we created a series of videos sharing first-hand the power of art in transforming trauma. To view the series visit awbw.org/voices.

Stacia Kato
Founder, Proud Momma Bears & AWBW Board Chair

In this moving video celebrating Pride Month, Stacia shares about using her training as a Windows Facilitator in her journey as the mother of a transgender daughter, including creating art with fellow mothers of LGBTQ+ youth in the Asian American and Pacific Islander community.

Karen Gonzalez
Founder, Helping Hands Resource Center

A domestic violence and sexual abuse survivor herself, Karen experienced Windows workshops while living in a shelter before becoming a Facilitator in 2014. In this video she shares the crucial role art has played in her and her daughter’s journey from victims to survivors.

Daniel Domaguin, LCSW
Behavioral Health Clinical Manager, California Rural Indian Health Board, Inc.

A Windows Facilitator since 2012, Daniel shares his experience engaging a Native American community affected by multiple suicides through AWBW’s I CAN WE CAN workshop, including the art he created himself.

We also began building our Ladder of Leadership. This model provides opportunities for participants and facilitators to share their experiences, along with compensation to our facilitators for facilitating trainings and peer-to-peer groups; creating new workshops; and sharing their expertise and innovations through a variety of avenues. Through these acts of leadership, collective professional growth further advances our internal capacity to expand our programs and offerings.
Initiative 2: Centering Social Justice

“With these powerful arts resources, we are breaking the chains of trauma — turning them into links of community and connection.”

- Martine Philippe, A Window Between Worlds Community Art Action Manager

Social Justice Fellowship — supporting and empowering innovative community leaders across the country and abroad to address social inequalities through powerful collective art actions. To learn more about our 2021 fellows (pictured to the right), visit awbw.org/fellowship

Anti-Racism Group — monthly work group, holding space for facilitators to engage in learning opportunities, discussions, and cultivate tools to support ongoing action against racism, marginalization, and oppression.

Unathi Mahlati
Just Detention International
South Africa

Shanika Rucker, LCSW
Connecticut Institute for Refugees and Immigrants

Carlos Mares
Rialto Unified School District
California

Michelle Daniels-Holloway
S.P.E.A.K. OUT LOUD
California

Anne Hillman
Out North
Alaska

Xelestíal Moreno-Luz
REACH LA
California

Amy Chou
Los Angeles Education Partnership California

Allison Knier
Prism Youth
Kansas

Esmeralda Mendoza
East Bay Sanctuary California

"With these powerful arts resources, we are breaking the chains of trauma — turning them into links of community and connection.”

- Martine Philippe, A Window Between Worlds Community Art Action Manager
**Initiative 3: Embedding Sustainability**

“Deep care and intentionality is radiant throughout this entire course.” – On-Demand Training Attendee, SafeHouse Denver

Our **On-Demand Facilitator Training** was introduced in November to further embed sustainability in our program model and improve access of our programs to historically hard-to-reach communities.

This new series of videos — designed to simulate key components of our signature two-day training — includes four hands-on art workshops, presentations by licensed clinicians, and handouts. Through an easy-to-use online learning platform, trainees can complete the course at their own pace, anytime, anywhere.

**Our circle of sustaining donors grew by 46% in 2021!**

Through a series of virtual art workshops in June and July, as well as personal outreach, we were able to connect many new people to our mission, growing ongoing support for our low-overhead, high-impact programs.

If you would like to join our circle of sustaining donors, please visit [awbw.org/givemonthly](http://awbw.org/givemonthly)
With each monthly gift I am reminded of the miracles & joy I saw on the children’s faces when I was facilitating art workshops.

Nellie Newman
Windows Facilitator since 1999; Board Emeritus
2021 Major Donors

Thank you for your support of our Windows Facilitators and helping survivors find hope and healing

$50,000+
Capital Group
Dwight Stuart Youth Fund
Elisa Perlman
Green Foundation
John Gogian Family Foundation
Salser Family Foundation
William & Charlene Glikbarg Foundation

$10,000–$49,999
Gary Saltz Foundation
Los Angeles County Arts Commission
Marisla Fund - OCCF
Susan Salser
Willmas Charitable Trust
Winston Salser

$2,500–$9,999
Andrew and Shannon Watt
Catalyst
Cathy Salser
Celia Bernstein and Bradley Kesden
EH Barker

$500–$2,499
Alexis and Douglas Maclvor
Allison Block
Alyce LaViolette
Anita Sinclair
Anonymous
Barb Gabrielli
Beale Capital/Richard & Taylor Beale Family Fund
Bill Resnick
Bobbie Mc Morrow
Bruce Tyson
Carol Berman
Carrie Rheinfrank and Chopper Bernet
Cathleen Hession
Daniel Kronfl
David Moskowitz and Michelle Kelly
Douglas Rosen
Edison International Corporate

Heidi Gray
Henry C. & Jane G. Otten Foundation
Ingrid Lilligren
Jamie and Henry Escoto
Jason Price
Joan Shoopke
Joy and Robert Penner
Judy Rhulen
Karen Akamine and Kim Robinson
Kathie Nirschl
Katie and Kevin Cordano
Kelley Mobley and Maureen Gant
Kesa Kivel
Kim S. Thies
KK Davis
Kyle Kimmel
La Shonda Coleman
Laurel Geller
Leonard Wechsler
Lina Paredes and Jerome Academia
Madeleine and Dennis Durkin
Margaret Lazzari
Maryanne Gallagher
Matthew Winkler
Michael and Jennifer McDougall
Michael and Rosalie Gotz
Michael Marans and Terri Crystal
Michael Spiegelman
Neal and Harriet Pepper
Nicole L. Kelsey
Rachel Barchie
Randy and Luke Dauchot
Richard Crowe
RMS Investment Group/Jewish Federation of Cleveland
Rob Schwenker
Sunny Cho
Susan Steinhauser and Daniel Greenberg
Suvan and Steve Geer
Tami Pardee
The Benevity Community Impact Fund
Tiffany N. Bright
Torrey Miller and Jay McClary
Yunkyung Kim
Donor Story: Finding My True Self

Being a supporter of A Window Between Worlds is about more than making gifts to the organization; as a donor, you are part of a circle of creativity and innovation. We invite you to utilize art in your own lives, as longtime supporter Elisa Perlman shares here.

“\textit{This is my story. And, I want people to know that tomorrow’s a new day. Even in the darkest moments, the light is still there.}”

– Elisa Perlman, 2021 “Uplifting Voices” Award recipient and longtime AWBW supporter

“I’m not an artist. What I am is a human being just seeking expression. And, since discovering AWBW I’ve personally seen how art transforms lives.

When I looked at these paintings I created, I felt shame; like they were childlike figures and questioned what I was doing. But shame is what prevents us from getting to what we really feel — it is the barrier to what’s really underneath. And the shame is an old belief system.

It’s amazing how far I’ve come. When I was a teenager, I tried to commit suicide. I was at the bottom, slowly climbing my way out in order to survive. I then spent my life striving for perfection, a straight “A” student, a successful business woman, always a perfect appearance — all at the expense of knowing who I truly am on the inside.

I found great healing in creating these paintings — and in all the art that I have created through my connection to AWBW. I’ve been able to recognize that whatever showed up on the paper was a reflection of me, and that’s what I want — to be free to be my true self.

There are always moments of challenge. But now I have art to give my emotions a voice.”
2021 Financials

2021 REVENUE*

<table>
<thead>
<tr>
<th>Source</th>
<th>2021</th>
<th>2020</th>
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<tbody>
<tr>
<td>Foundations</td>
<td>398,050</td>
<td>423,736</td>
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<tr>
<td>Corporations</td>
<td>81,830</td>
<td>39,376</td>
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<tr>
<td>Individuals</td>
<td>277,325</td>
<td>251,727</td>
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<tr>
<td>Special Events</td>
<td>56,060</td>
<td>58,259</td>
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<tr>
<td>Program Fees</td>
<td>304,544</td>
<td>110,364</td>
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<tr>
<td>Other</td>
<td>196,651</td>
<td>161,707</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$1,314,460</strong></td>
<td><strong>$1,045,169</strong></td>
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</table>

2021 EXPENSES*

<table>
<thead>
<tr>
<th>Category</th>
<th>2021</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>780,474</td>
<td>685,054</td>
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<tr>
<td>General &amp; Admin.</td>
<td>102,535</td>
<td>118,115</td>
</tr>
<tr>
<td>Fundraising</td>
<td>86,862</td>
<td>22,666</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$969,871</strong></td>
<td><strong>$825,835</strong></td>
</tr>
</tbody>
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Unrestricted Net Assets: $1,127,779

2021 Surplus: $344,589
2020 Surplus $221,186

* 2021 figures are unaudited at time of publication

Windows provides a unique & inviting space for healing that encourages & supports self-expression regardless of what form it takes.

Lina Paredes
Board Chair 2016-2019
AWBW created a window of opportunity for communication with my children that was needed but may have never taken place without art.

Cynthia Lopez
SILENCED NO MORE
Windows Program & Survivors’ Art Circle Participant

Youth Participant Artwork

“River Stories” Workshop, 8-year-old
The Out-Of-Door Academy, Florida

“Putting Myself Back Together” Workshop
Orange County Probation Department, California

“Claiming Who I Am” Workshop
Prism Youth, Kansas
Adult Participant Artwork

“Connected While Apart” Workshop; Between Friends, Illinois

“Personal Needs Flower” Workshop
Hays-Caldwell Women’s Center, Texas

“Examining Relationships” Workshop
Prevail, Indiana

Windows has the most comprehensive program and best trained facilitators to share art as a way for survivors to speak their truth.

Kim Cummings
Program Sponsor & Board Emeritus
Thank You!

We are forever grateful to all who contributed to the progress and growth A Window Between Worlds experienced during our milestone 30th anniversary year. Thank you for support and leadership!

Board of Directors

Stacia Kato  
Board Chair

Sunny Cho  
Board Secretary

Richard Crowe  
Treasurer

La Shonda Coleman, LCSW  
Board Member

LaVette Eaddy  
Board Member

Nicole Kelsey  
Board Member

Yvonne Hsieh  
Board Member

Staff

Cathy Salser  
Founder; Strategic Vision & Partnership Advisor

Christy Turek Rials  
Training & Outreach Director

Emily Anne Evans  
Marketing & Communications Manager

Kat Mardo  
Training & Outreach Assistant

Martine Philippe  
Community Art Action Manager

Rachel Price  
Program Assistant

Rudy Hernandez  
Windows Program Director

Sherisa Dahlgren  
Program Consultant

Slade Bellum  
Finance & Operations Consultant

Zachery Scott  
Executive Director

“Gratitude Jar” Workshop; United American Indian Involvement, California
Our Mission & Vision

A Window Between Worlds is dedicated to empowering individuals and communities impacted by violence and trauma through a transformative healing arts program.

We view art as a catalyst to release trauma, build resilience and ignite social change. When individuals create art in a safe community they can be heard and respected — replacing violence and shame with safety and hope.

1029 1/2 W. 24th Street
Los Angeles, CA 90007

310-396-0317 • AWBW.org

“Story Tree” Workshop; Vermont Network Against Domestic and Sexual Violence