

# Special 30th Anniversary Edition



## 2021 Impact Report



# Survivor Story: Peace, Safety & Gratitude

**“W**ith this drawing, I was trying to show that I can stay in a place of peace and safety by embracing gratitude, even though there is a lot of turbulence outside.

*I lived with an emotionally abusive and threatening spouse for a long time and separated from him last year. My situation still feels tenuous and raw at times, even though I am making headway on doing the things that need to happen as I rebuild my life.*

*There are so many details I have to attend to, that having A Window Between Worlds’ Survivors’ Art Circle\* is a form of self-care for me. It’s something that I do only for me — not my child or other people in my life. It’s exclusively for me and for building me up.”*



The cover art was created in our “Windows of Gratitude” workshop, in response to the prompt “What does it mean to you to look at your life through a lens of gratitude?” The artist’s name and location has been kept anonymous for the safety of the survivor.

.....

\* AWBW’s Survivors’ Art Circle (SAC) is a confidential peer-to-peer support group open to any member of the public who identifies as a domestic and/or sexual violence survivor. SAC members meet virtually once a month, creating art in community as a way to explore their past, present, and take positive steps toward the future.

**Special thanks to Kim Cummings for sponsoring Survivors’ Art Circle.**



# Welcome!

Last year, as we honored the 30th anniversary of A Window Between Worlds (AWBW) using art to heal and transform trauma, we experienced some of the most significant programmatic growth recorded in any given year; **a 63% increase in Facilitators using our healing arts curriculum, and a 50% increase in the number of survivors we serve to 60,000 nationwide and abroad.**

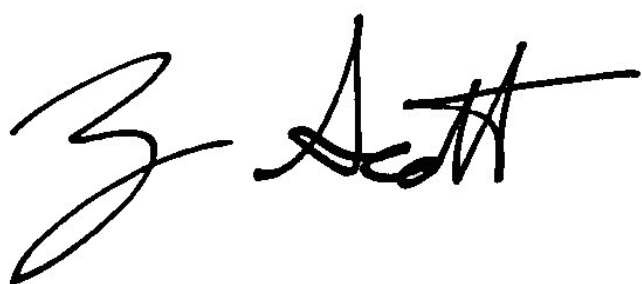
This incredible growth was in direct response to an equally dramatic rise in need for arts-based mental health programs for individuals, families, and professionals. Thankfully, as demand for AWWB's services grew, our solid foundation of staff, board, donors, facilitators and volunteers all responded with unwavering support as we grew to meet this crucial need.

It is for this reason that we choose GRATITUDE as the theme for our 2021 Impact Report.

Gratitude for every donation. Gratitude for every workshop facilitated. Gratitude for each and every one of you that have stood with us in solidarity as we grew our mission and expanded our programs.

Thank you for being our partners, collaborators, mentors and friends. It is your leadership and commitment over the last 30 years that has lifted up AWWB to be the incredible organization it is today.

**For this, I am truly grateful.**



**Zachery Scott**  
Executive Director



"Touchstones" Workshop; Light Machine Arts, California

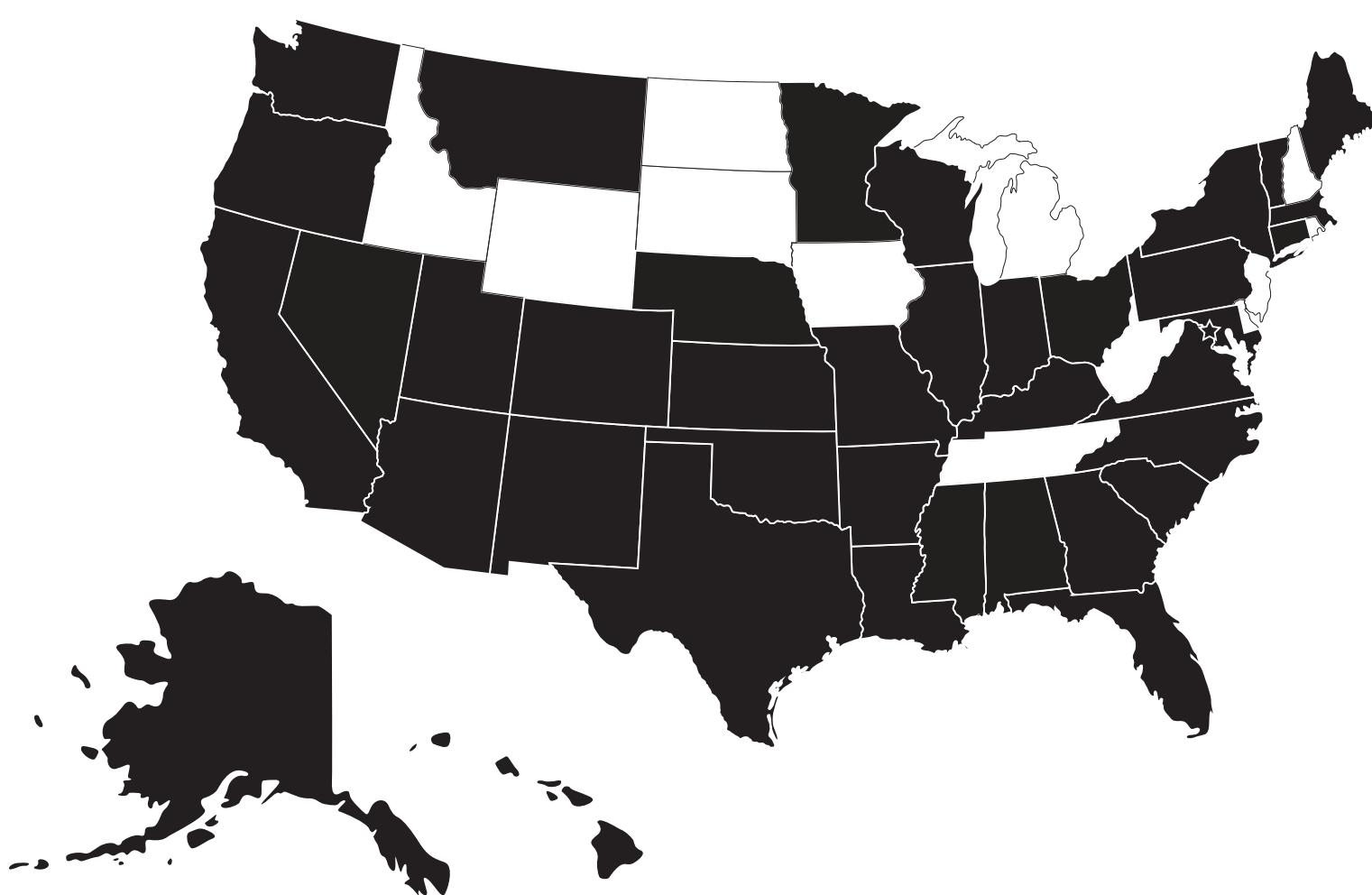
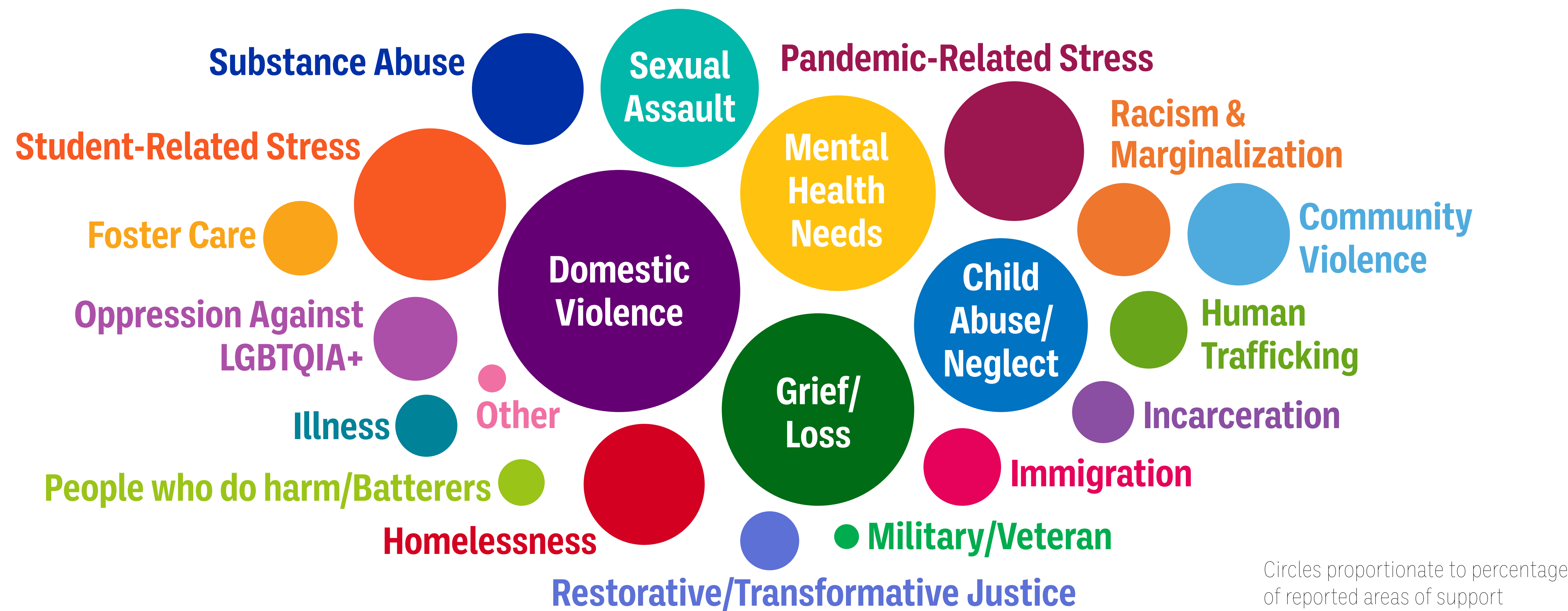
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# Our Reach

Windows Facilitators support participants with these life experiences:



## In 2021, we had Program Partners in 39 States and 6 Countries:

- |               |                 |                  |                  |                 |                      |
|---------------|-----------------|------------------|------------------|-----------------|----------------------|
| • Alaska      | • Georgia       | • Maryland       | • New Mexico     | • Texas         | • Dominican Republic |
| • Alabama     | • Hawaii        | • Maine          | • Nevada         | • Utah          | • Mexico             |
| • Arkansas    | • Illinois      | • Minnesota      | • New York       | • Virginia      | • Pakistan           |
| • Arizona     | • Indiana       | • Missouri       | • Ohio           | • Vermont       | • Phillipines        |
| • California  | • Kansas        | • Mississippi    | • Oklahoma       | • Washington    | • South Africa       |
| • Colorado    | • Kentucky      | • Montana        | • Oregon         | • Washington DC | • Venezuela          |
| • Connecticut | • Louisiana     | • North Carolina | • Pennsylvania   | • Wisconsin     |                      |
| • Florida     | • Massachusetts | • Nebraska       | • South Carolina |                 |                      |



# Our 2021 Impact

— We supported —

**760**  
**WINDOWS**  
**FACILITATORS**

— at —

**313**  
**PARTNERING**  
**ORGANIZATIONS**

— who worked with —

**60,000+**  
**ART WORKSHOP**  
**PARTICIPANTS**



"Sun Kisses, Moon Hugs" Workshop; Tides of Change, Oregon



Seeing AWWB  
still helping so  
many through  
trauma makes  
me very  
grateful. This  
circle of courage  
& healing we  
began so long  
ago remains  
strong.

Dolores Sanico  
First Executive Director  
of AWWB

Facilitators reported that the Windows Program helps...

**94%** to build  
resilience

**91%** participants feel  
more positive  
about their future

**91%** strengthen  
self-regulation  
skills

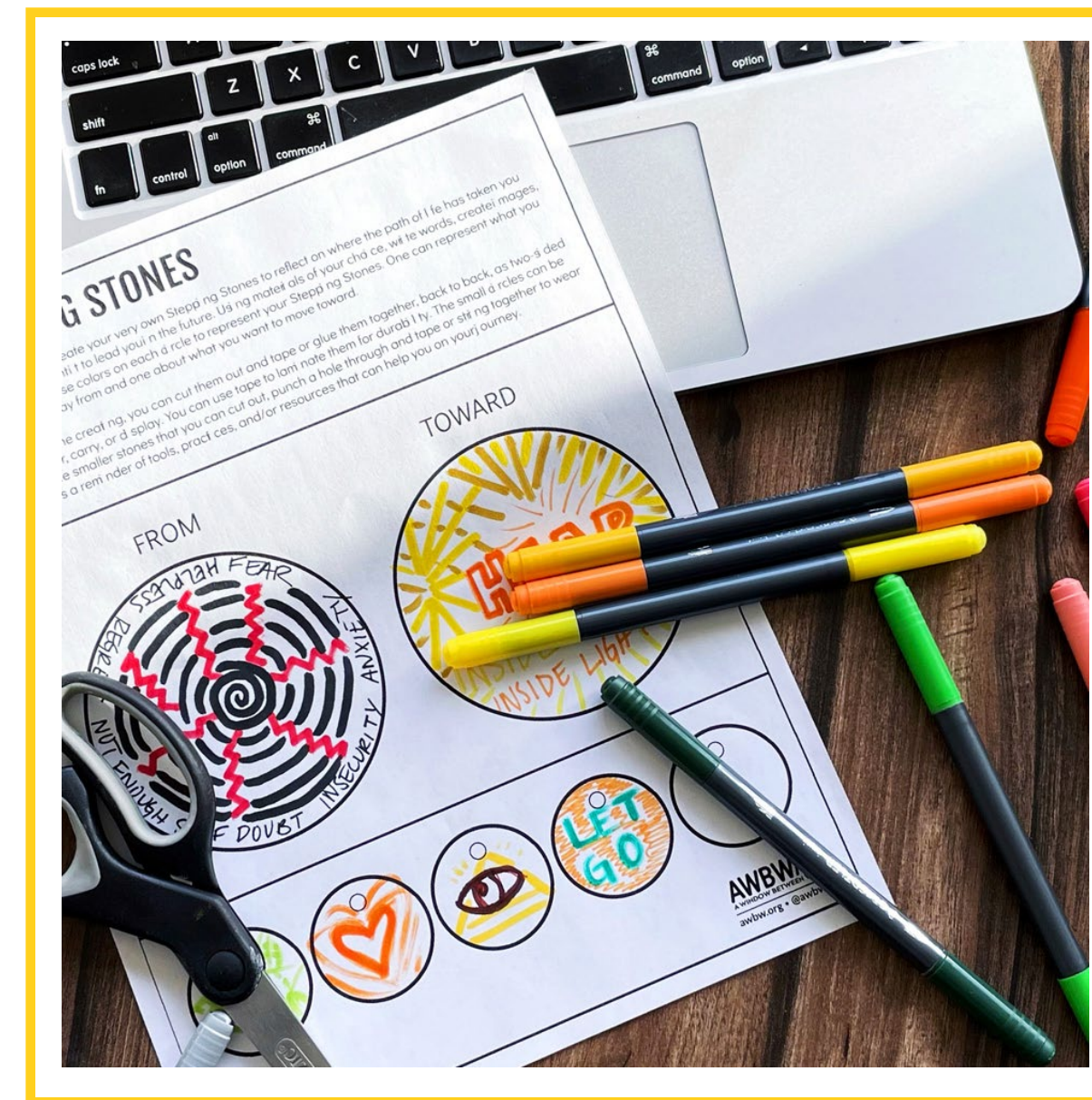


# Supporting Our Facilitators in 2021

**410** WINDOWS FACILITATORS TRAINED  
(A 76% INCREASE IN TRAINEES FROM 2020!)

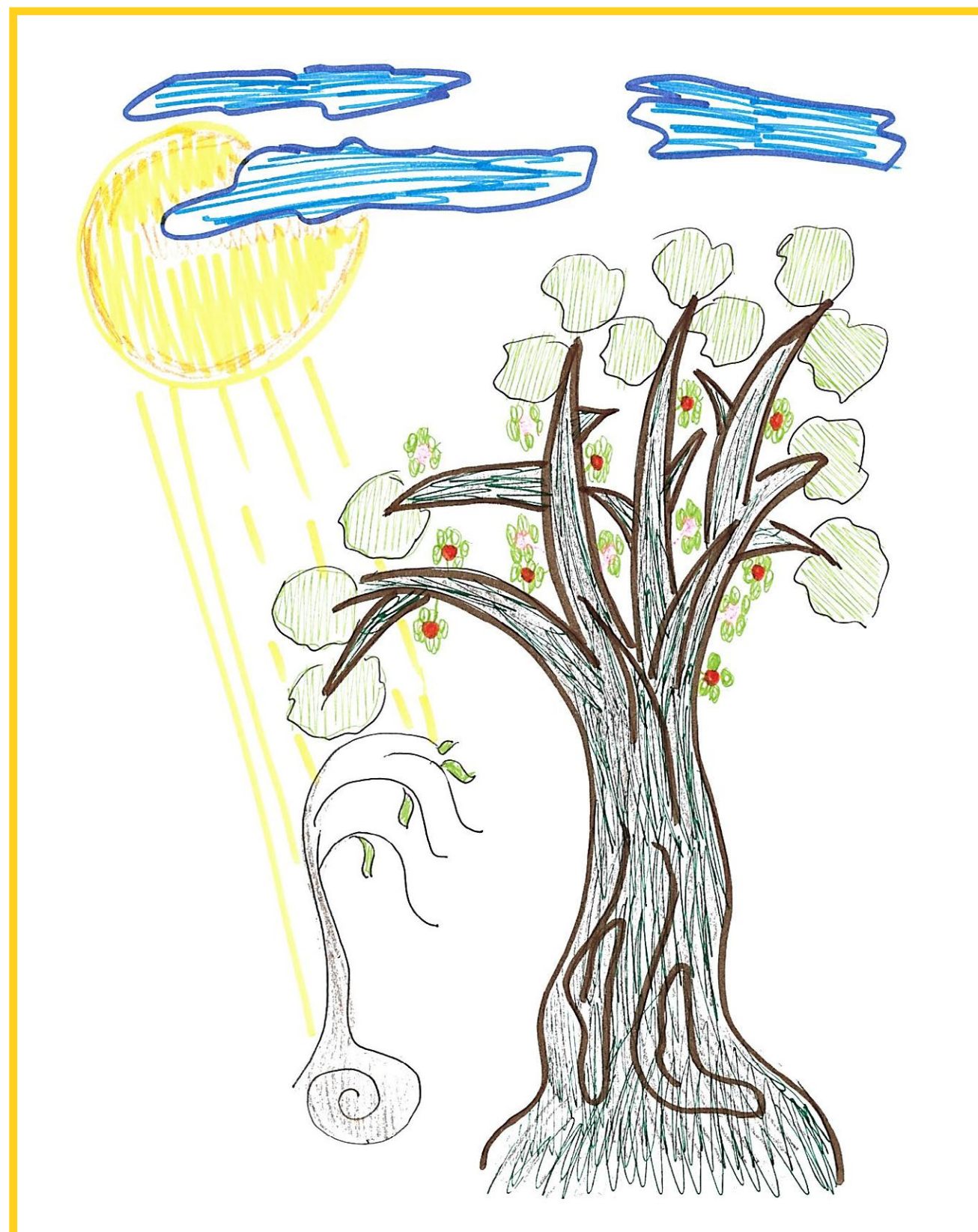
**286**  
AT AWBW  
TRAININGS

**124**  
BY COLLEAGUES THROUGH OUR  
TRAIN-THE-TRAINER MODEL



*Windows  
prioritizes art in  
the therapeutic  
process,  
providing safe  
& creative  
mediums for  
communities  
to do the work  
of healing.*

Aaron Mason  
Windows Facilitator since  
2016; Clinical Director,  
REACH LA



“Story Tree”; Children of the River, Washington

Resources we offered included:

## **3** Peer-To-Peer Groups

- Anti-Racism Group
- Survivors’ Art Circle
- Touchstone Journey Learning Labs

## **4** Facilitator Enrichment Trainings

- Grief & Loss
- Self-Care Techniques
- Implicit Bias
- Gratitude & Wellness

## **34** New Art Workshops

added to our  
curriculum of 600+  
healing art activities.

## **3** New Workshop Series

including our  
“Windows of Gratitude”  
journal available to you  
at [awbw.org/gratitude](http://awbw.org/gratitude)



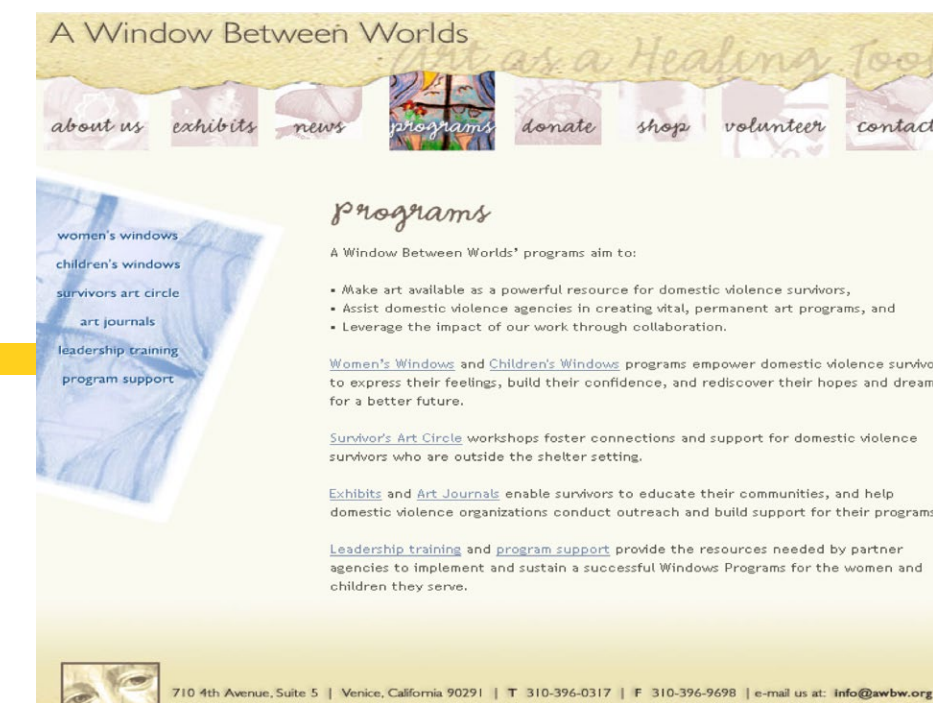
# Celebrating 30 Years of Art Transforming Trauma



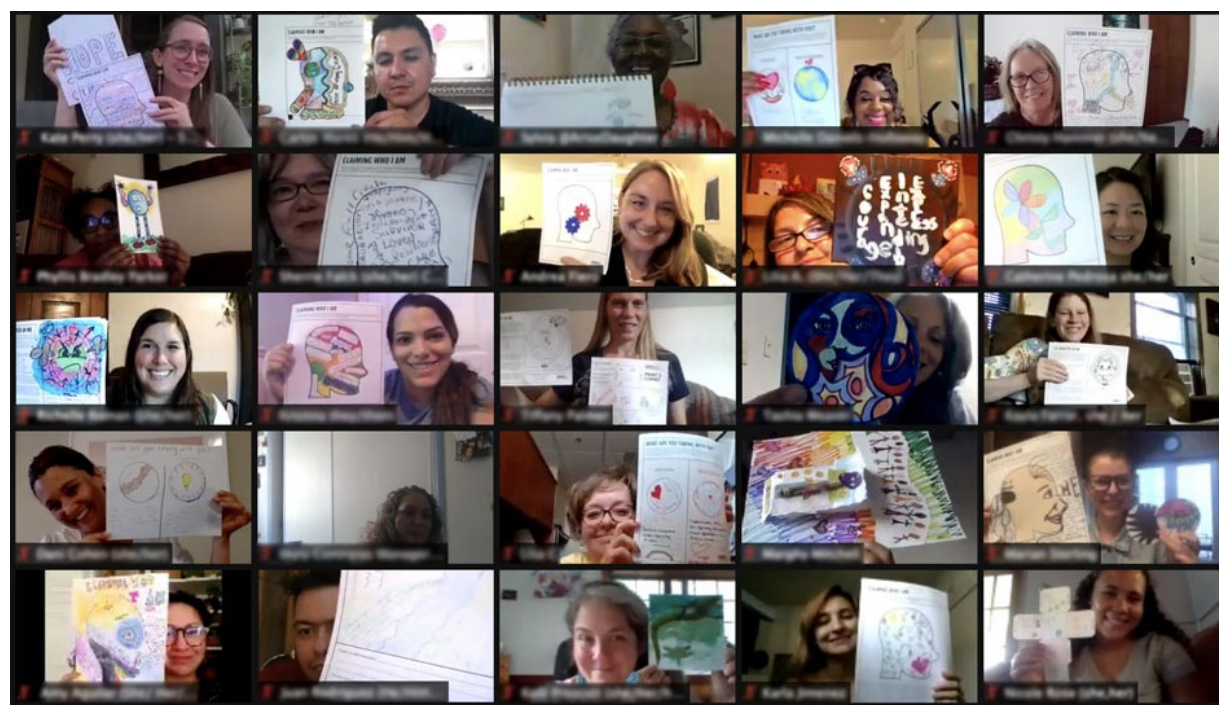
**1991**  
Founder Cathy Salser with workshop participants on the cross-country tour that birthed AWWB



**1996**  
At request of Los Angeles DV council, launched "Children's Windows" at 17 partner organizations



**2004**  
Began the transition to searchable digital curriculum — provided more access to new & old workshops



**2021**  
July virtual Facilitator Training — welcomed 96 attendees, the most ever!



**2014**  
Unveiling of new mission — expanded to address all forms of trauma



**2006**  
Community Story Tree mural — invited voices of survivors & donors nationally & internationally

SERVING **400,000+** TRAUMA SURVIVORS IN 30 YEARS

THROUGH TRAINING **5,000+** WINDOWS FACILITATORS



**In honor of our 30th Anniversary, we focused on 3 key initiatives:**

**Uplifting Voices:** Amplifying the voices & impact of our facilitator network

**Centering Social Justice:** Enhancing the social justice & equity work of our facilitators

**Embedding Sustainability:** Building a lasting foundation for both programs & operations



# Initiative 1: Uplifting Voices

As part of our commitment to uplift the voices of our Windows Facilitators and art workshop participants, we created a series of videos sharing first-hand the power of art in transforming trauma. To view the series visit [awbw.org/voices](https://awbw.org/voices).



Stacia Kato

**Founder, Proud Momma Bears  
& AWBW Board Chair**

In this moving video celebrating Pride Month, Stacia shares about using her training as a Windows Facilitator in her journey as the mother of a transgender daughter, including creating art with fellow mothers of LGBTQ+ youth in the Asian American and Pacific Islander community.



Karen Gonzalez

**Founder, Helping Hands Resource Center**

A domestic violence and sexual abuse survivor herself, Karen experienced Windows workshops while living in a shelter before becoming a Facilitator in 2014. In this video she shares the crucial role art has played in her and her daughter's journey from victims to survivors.



Daniel Domaguin, LCSW

**Behavioral Health Clinical Manager,  
California Rural Indian Health Board, Inc.**

A Windows Facilitator since 2012, Daniel shares his experience engaging a Native American community affected by multiple suicides through AWBW's I CAN WE CAN workshop, including the art he created himself.

.....

**W**e also began building our **Ladder of Leadership**. This model provides opportunities for participants and facilitators to share their experiences, along with compensation to our facilitators for facilitating trainings and peer-to-peer groups; creating new workshops; and sharing their expertise and innovations through a variety of avenues. Through these acts of leadership, collective professional growth further advances our internal capacity to expand our programs and offerings.



# Initiative 2: Centering Social Justice

**“With these powerful arts resources, we are breaking the chains of trauma — turning them into links of community and connection.”**

– *Martine Philippe, A Window Between Worlds  
Community Art Action Manager*

**Social Justice Fellowship** — supporting and empowering innovative community leaders across the country and abroad to address social inequalities through powerful collective art actions. To learn more about our 2021 fellows (pictured to the right), visit [awbw.org/fellowship](https://awbw.org/fellowship)

**Anti-Racism Group** — monthly work group, holding space for facilitators to engage in learning opportunities, discussions, and cultivate tools to support ongoing action against racism, marginalization, and oppression.



**Unathi Mahlati**  
Just Detention International  
South Africa



**Shanika Rucker, LCSW**  
Connecticut Institute for  
Refugees and Immigrants



**Carlos Mares**  
Rialto Unified School District  
California



**Michelle Daniels-Holloway**  
S.P.E.A.K. OUT LOUD  
California



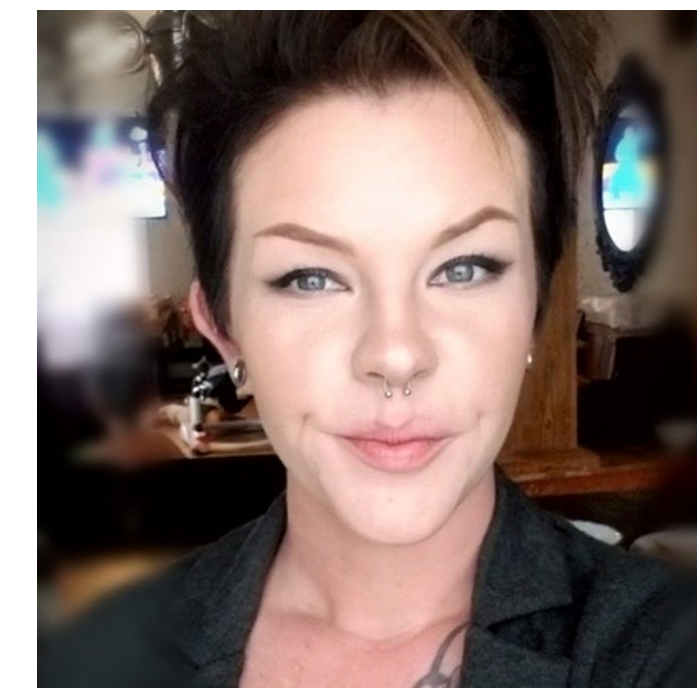
**Anne Hillman**  
Out North  
Alaska



**Xelestíal Moreno-Luz**  
REACH LA  
California



**Amy Chou**  
Los Angeles Education  
Partnership California



**Allison Knier**  
Prism Youth  
Kansas



**Esmeralda Mendoza**  
East Bay Sanctuary  
California



# Initiative 3: Embedding Sustainability

**“Deep care and intentionality is radiant throughout this entire course.”** – On-Demand Training Attendee, SafeHouse Denver

**O**ur **On-Demand Facilitator Training** was introduced in November to further embed sustainability in our program model and improve access of our programs to historically hard-to-reach communities.

This new series of videos — designed to simulate key components of our signature two-day training — includes four hands-on art workshops, presentations by licensed clinicians, and handouts. Through an easy-to-use online learning platform, trainees can complete the course at their own pace, anytime, anywhere.



**Our circle of sustaining donors grew by 46% in 2021!**

**T**hrough a series of virtual art workshops in June and July, as well as personal outreach, we were able to connect many new people to our mission, growing ongoing support for our low-overhead, high-impact programs.

If you would like to join our circle of sustaining donors, please visit [awbw.org/givemonthly](https://awbw.org/givemonthly)



# 2021 Sustaining Members

*Thank you* for contributing to the sustainability and stability of AWBW

Adam Miller  
Allison Block  
Allison Edwards  
Allison Unruh  
Alyce LaViolette  
Amy Kenny  
Andrea Reibsamen  
Andrea Walter  
Angela Chen  
Anneliese Waters  
Bobbie McMorrow  
Bonnie Hecht  
Bruce Tyson  
Cami Teel  
Carol and David Adler  
Carol Tseng  
Carolyn Coleman  
Manns  
Cascade DePierre  
Cathleen McGrath and  
James Blythe  
Cathy Engel-Marder  
Cathy Salser  
Cherise Austin  
Christine Budzowski

Christine Lim  
Cindy McQuade and  
David Mayhan  
Clare Brooks  
Connie Arambula  
Courtenay Fletcher  
Daniel Sarpa  
Darlene L. Martin  
Deb and Len  
Blackstone  
Debbie and David  
Yaskulka  
Debbie Eisenberg  
Debra Nakatomi  
Deirdre Dietel  
Dellis Frank  
Dominic Lim  
Edie Egwuonwu  
Eleanor Driver Post  
Elisa Perlman  
Gabriela Alexis Lopez  
Gemma Burgos  
Genevieve Hannelius  
Gretchen Hays  
Grethel Solis  
Heidi Gray

Hillary Hamilton  
Hillary Marshall  
James Hilao  
Jamie and Henry  
Escoto  
Jamie Schiffer  
Jan Blacka  
Jane Cooke  
Jay Alexander Taylor  
Jessica Masterson  
John DeLoof  
Kathrine Lacofano  
Kelley Mobley and  
Maureen Gant  
Kelly Cantero  
Kim S. Thies  
Kimberly Cortner  
Kristin Hall  
Kyle Kimmel  
La Shonda Coleman  
Letitia Quinn  
Linda McFarlane  
Lisa Hoffman  
Lisa Remington  
Maria Juarez  
Martha Estes

Mary Ann Beardshear  
Mary McThomas  
Melinda Hochgesang  
Michael and Jennifer  
McDougall  
Michael and Rosalie  
Gotz  
Nancy and Mike  
Mooslin  
Natalie Coleman  
Nellie and Paul  
Newman  
Nicole Buffett  
Nicole Welch  
Pascale Cardozo  
Patti Higgins  
Peter Tunney  
Rachel Barchie  
Rachel Price  
Ramya Kumar  
Randy and Luke  
Dauchot  
Reba Dillon  
Rebeka Moeljono  
Rhonna Del Rio  
Richard and Taylor  
Beale

Roberta Nevers  
Robin Rea  
Scarborough  
Sally Stevens  
Sandra and Stephen  
Mueller  
Sandra Briney  
Sash Ramaswami  
Shannon Peterson  
Shelley Frost  
Shikha Bhatnagar  
Sonia Hsieh  
Schumacher  
Stacia K. Kato  
Stephanie Molen  
Sunny Cho  
Susan Bernardo  
Suvan and Steve Geer  
Suzanne Brogger  
Tami Pardee  
Tiffany N. Bright  
Trini Nuñez  
Tupelo Hassman  
Wade Mueller  
Zachery Scott and  
Lior Hillel



*With each  
monthly  
gift I am  
reminded of  
the miracles  
& joy I saw on  
the children's  
faces  
when I was  
facilitating art  
workshops.*

Nellie Newman  
Windows Facilitator since  
1999; Board Emeritus



# 2021 Major Donors

*Thank you* for your support of our Windows Facilitators and helping survivors find hope and healing

## **\$50,000+**

Capital Group  
Dwight Stuart Youth Fund  
Elisa Perlman  
Green Foundation  
John Gogian Family Foundation  
Salser Family Foundation  
William & Charlene Glikbarg Foundation

Entravision  
Helmstetter Family Foundation  
Jeffery Farber  
John DeLoof  
Judy Spiegel  
Kim Cummings  
Larry Layne and Sheelagh Boyd  
Lisa Caine  
Lucille Ellis Simon Foundation

Yvonne Hsieh and David Schumacher  
Zachery Scott and Lior Hillel  
Zealot Productions, Inc

## **\$500-\$2,499**

Alexis and Douglas MacIvor  
Allison Block  
Alyce LaViolette  
Anita Sinclair  
Anonymous  
Barb Gabrielli  
Beale Capital/Richard & Taylor Beale Family Fund  
Bill Resnick  
Bobbie McMorrow  
Bruce Tyson  
Carol Berman  
Carrie Rheinfrank and Chopper Bernet  
Cathleen Hession  
Daniel Kronfli  
David Moskowitz and Michelle Kelly  
Douglas Rosen  
Edison International Corporate

Heidi Gray  
Henry C. & Jane G. Otten Foundation  
Ingrid Lilligren  
Jamie and Henry Escoto  
Jason Price  
Joan Shoopke  
Joy and Robert Penner  
Judy Rhulen  
Karen Akamine and Kim Robinson  
Kathie Nirschl  
Katie and Kevin Cordano  
Kelley Mobley and Maureen Gant  
Kesa Kivel  
Kim S. Thies  
KK Davis  
Kyle Kimmel  
La Shonda Coleman  
Laurel Geller  
Leonard Wechsler  
Lina Paredes and Jerome Academia  
Madeleine and Dennis Durkin  
Margaret Lazzari  
Maryanne Gallagher

Matthew Winkler  
Michael and Jennifer McDougall  
Michael and Rosalie Gotz  
Michael Marans and Terri Crystal  
Michael Spiegelman  
Neal and Harriet Pepper  
Nicole L. Kelsey  
Rachel Barchie  
Randy and Luke Dauchot  
Richard Crowe  
RMS Investment Group/Jewish Federation of Cleveland  
Rob Schwenker  
Sunny Cho  
Susan Steinhauser and Daniel Greenberg  
Suvan and Steve Geer  
Tami Pardee  
The Benevity Community Impact Fund  
Tiffany N. Bright  
Torrey Miller and Jay McClary  
Yunkyung Kim

## **\$10,000-\$49,999**

Gary Saltz Foundation  
Los Angeles County Arts Commission  
Marisla Fund - OCCF  
Susan Salser  
Willmas Charitable Trust  
Winston Salser

Marguerite O'Toole  
Michael Mason Foundation  
Nellie and Paul Newman  
Office of Supervisor Sheila Kuehl  
Pam and George Douglas  
Robert Wood Johnson Foundation  
Robin Rea Scarborough  
Smith Group  
Stacia K. Kato  
Terry Ball  
Tom Stempel  
Vistas for Children, Inc.  
WWGD Fund

## **\$2,500-\$9,999**

Andrew and Shannon Watt  
Catalyst  
Cathy Salser  
Celia Bernstein and Bradley Kesden  
EH Barker



# Donor Story: Finding My True Self

Being a supporter of A Window Between Worlds is about more than making gifts to the organization; as a donor, you are part of a circle of creativity and innovation. We invite you to utilize art in your own lives, as longtime supporter Elisa Perlman shares here.



***“This is my story. And, I want people to know that tomorrow’s a new day. Even in the darkest moments, the light is still there.”***

*– Elisa Perlman, 2021 “Uplifting Voices” Award recipient and longtime AWBW supporter*

***“I’m not an artist. What I am is a human being just seeking expression. And, since discovering AWBW I’ve personally seen how art transforms lives.***

*When I looked at these paintings I created, I felt shame; like they were childlike figures and questioned what I was doing. But shame is what prevents us from getting to what we really feel — it is the barrier to what’s really underneath. And the shame is an old belief system.*

*It’s amazing how far I’ve come. When I was a teenager, I tried to commit suicide. I was at the bottom, slowly climbing my way out in order to survive. I then spent my life striving for perfection, a straight “A” student, a successful business woman, always a perfect appearance — all at the expense of knowing who I truly am on the inside.*

*I found great healing in creating these paintings — and in all the art that I have created through my connection to AWBW. I’ve been able to recognize that whatever showed up on the paper was a reflection of me, and that’s what I want — to be free to be my true self.*

*There are always moments of challenge. But now I have art to give my emotions a voice.”*



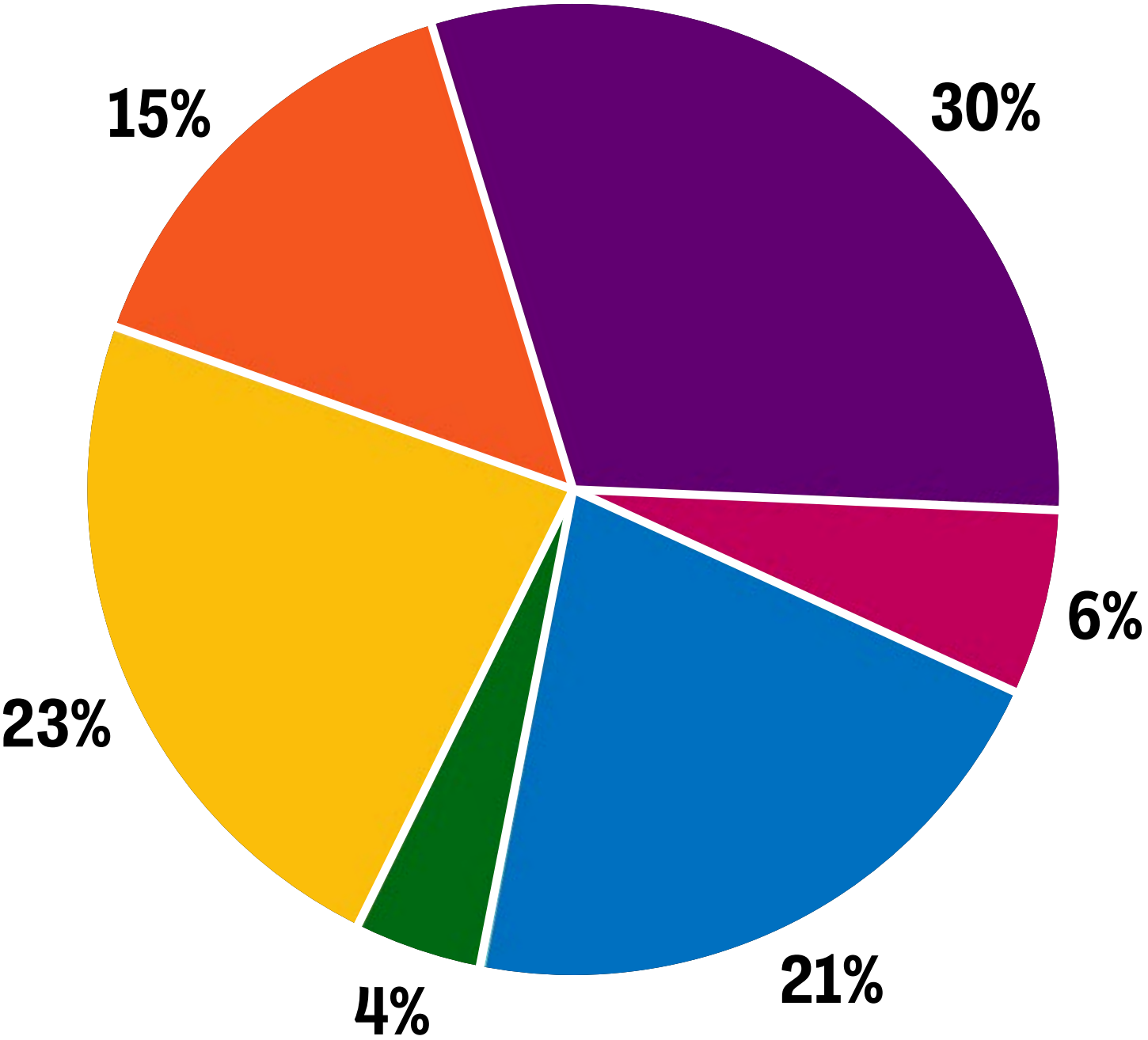
# 2021 Financials



*Windows provides a unique & inviting space for healing that encourages & supports self-expression regardless of what form it takes.*

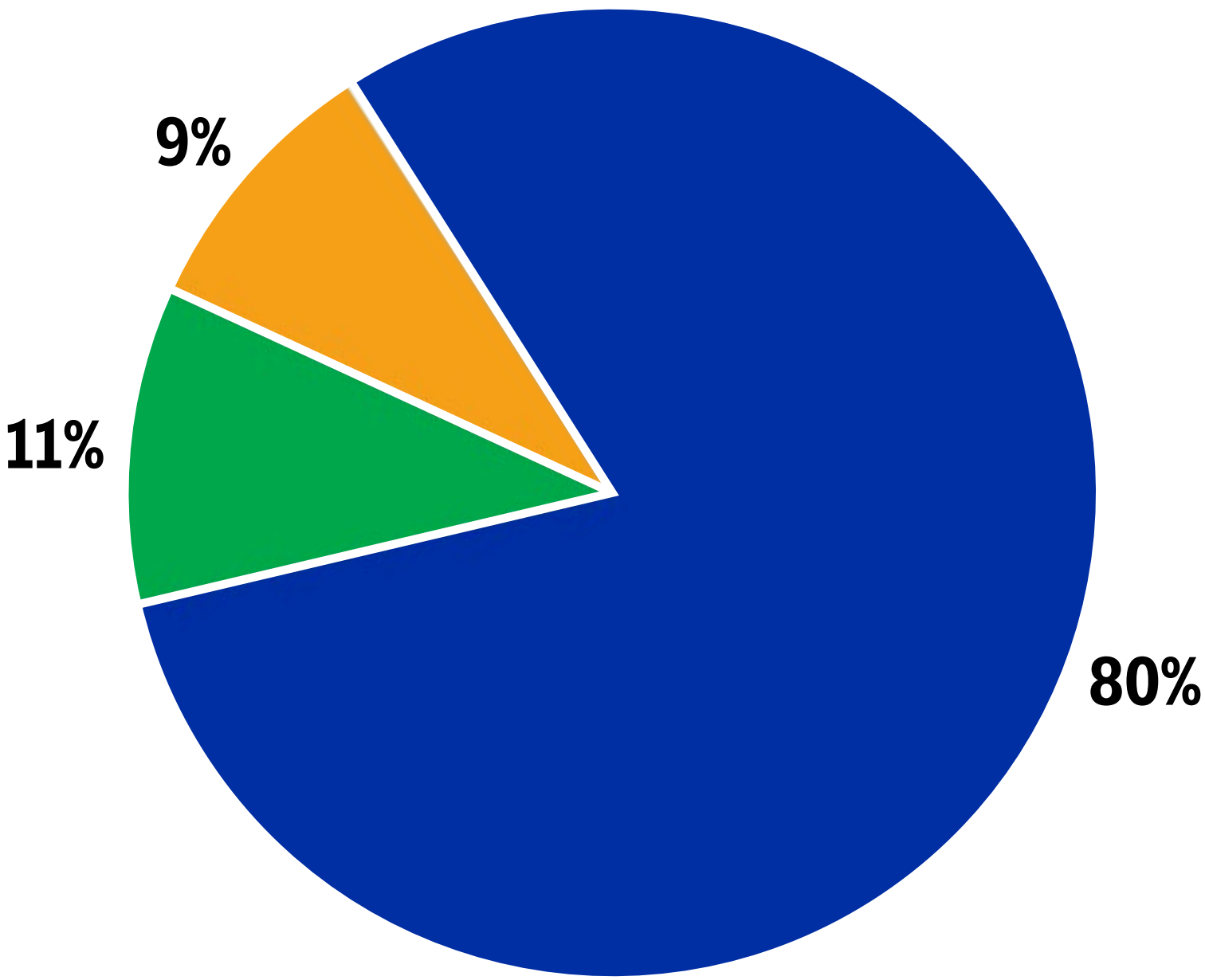
Lina Paredes  
Board Chair 2016-2019

## 2021 REVENUE\*



	2021	2020
Foundations	398,050	423,736
Corporations	81,830	39,376
Individuals	277,325	251,727
Special Events	56,060	58,259
Program Fees	304,544	110,364
Other	196,651	161,707
	<b>\$1,314,460</b>	<b>\$1,045,169</b>

## 2021 EXPENSES\*



	2021	2020
Program Services	780,474	685,054
General & Admin.	102,535	118,115
Fundraising	86,862	22,666
	<b>\$969,871</b>	<b>\$825,835</b>
<b>Unrestricted Net Assets: \$1,127,779</b>		
	<b>2021 Surplus: \$344,589</b>	
	2020 Surplus \$221,186	

\* 2021 figures are unaudited at time of publication

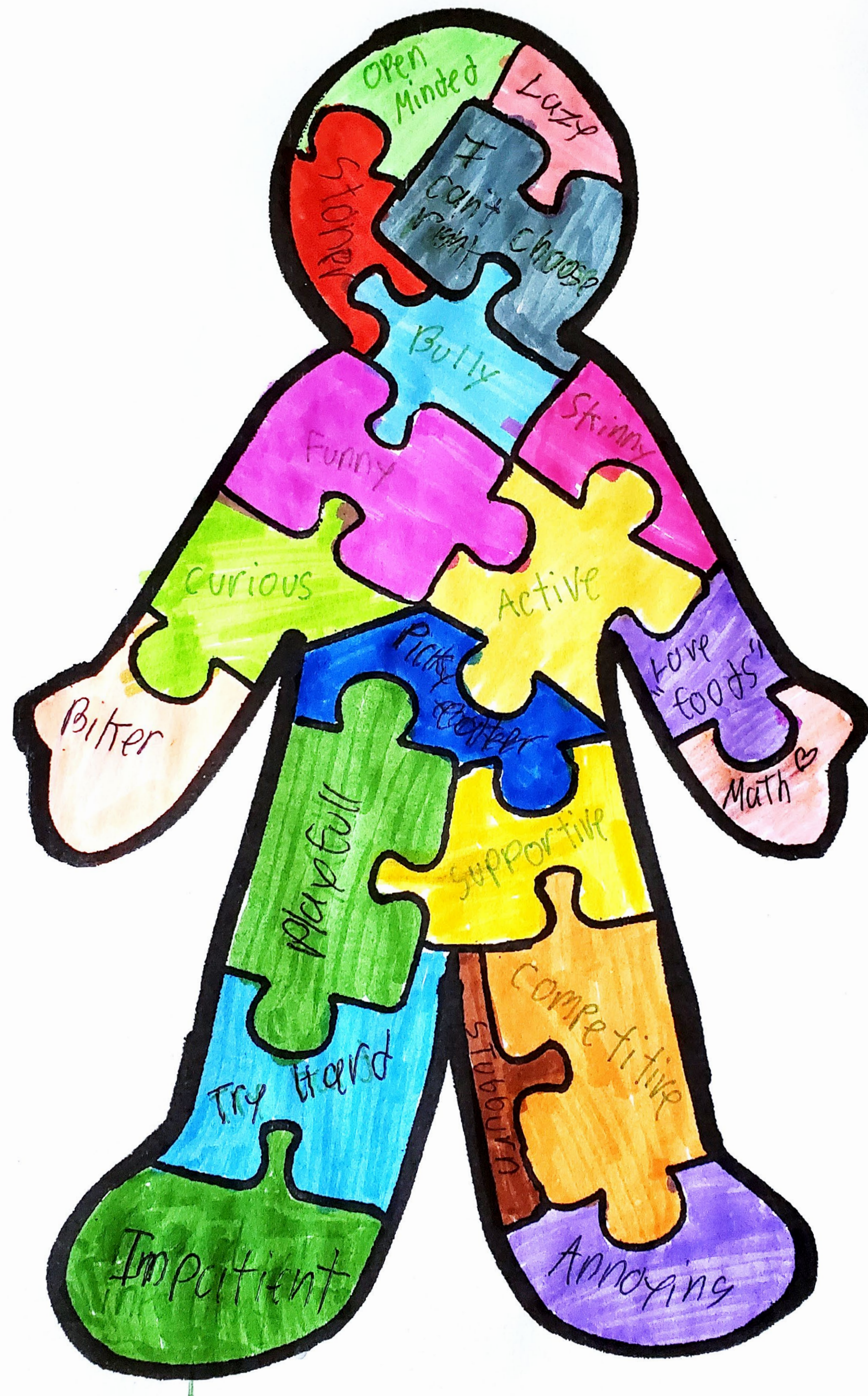


# Youth Participant Artwork

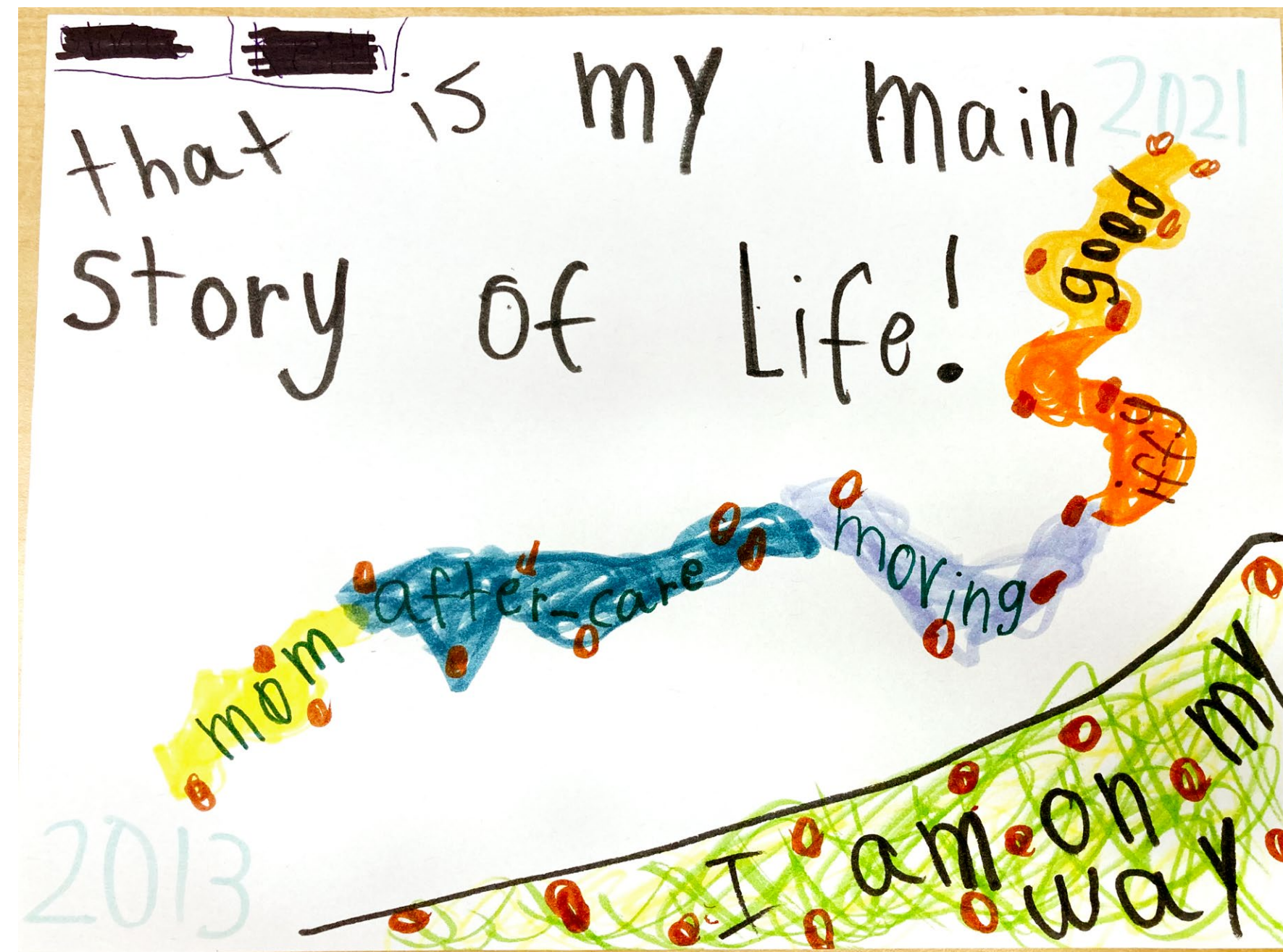


AWBW created a window of opportunity for communication with my children that was needed but may have never taken place without art.

Cynthia Lopez  
SILENCED NO MORE  
Windows Program &  
Survivors' Art Circle  
Participant



“Putting Myself Back Together” Workshop  
Orange County Probation Department, California



“River Stories” Workshop, 8-year-old  
The Out-Of-Door Academy, Florida



“Claiming Who I Am” Workshop  
Prism Youth, Kansas



# Adult Participant Artwork

“

Windows  
has the most  
comprehensive  
program and  
best trained  
facilitators  
to share art  
as a way for  
survivors to  
speak their  
truth.

Kim Cummings  
Program Sponsor &  
Board Emeritus



“Connected While Apart” Workshop; Between Friends, Illinois



“Personal Needs Flower” Workshop  
Hays-Caldwell Women’s Center, Texas



“Examining Relationships” Workshop  
Prevail, Indiana



# Thank You!

**W**e are forever grateful to all who contributed to the progress and growth A Window Between Worlds experienced during our milestone 30th anniversary year. Thank you for support and leadership!

.....

## Board of Directors

### Stacia Kato

Board Chair

### Sunny Cho

Board Secretary

### Richard Crowe

Treasurer

### La Shonda Coleman, LCSW

Board Member

### LaVette Eaddy

Board Member

### Nicole Kelsey

Board Member

### Yvonne Hsieh

Board Member

## Staff

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Founder; Strategic Vision & Partnership Advisor

### Christy Turek Rials

Training & Outreach Director

### Emily Anne Evans

Marketing & Communications Manager

### Kat Mardo

Training & Outreach Assistant

### Martine Philippe

Community Art Action Manager

### Rachel Price

Program Assistant

### Rudy Hernandez

Windows Program Director

### Sherisa Dahlgren

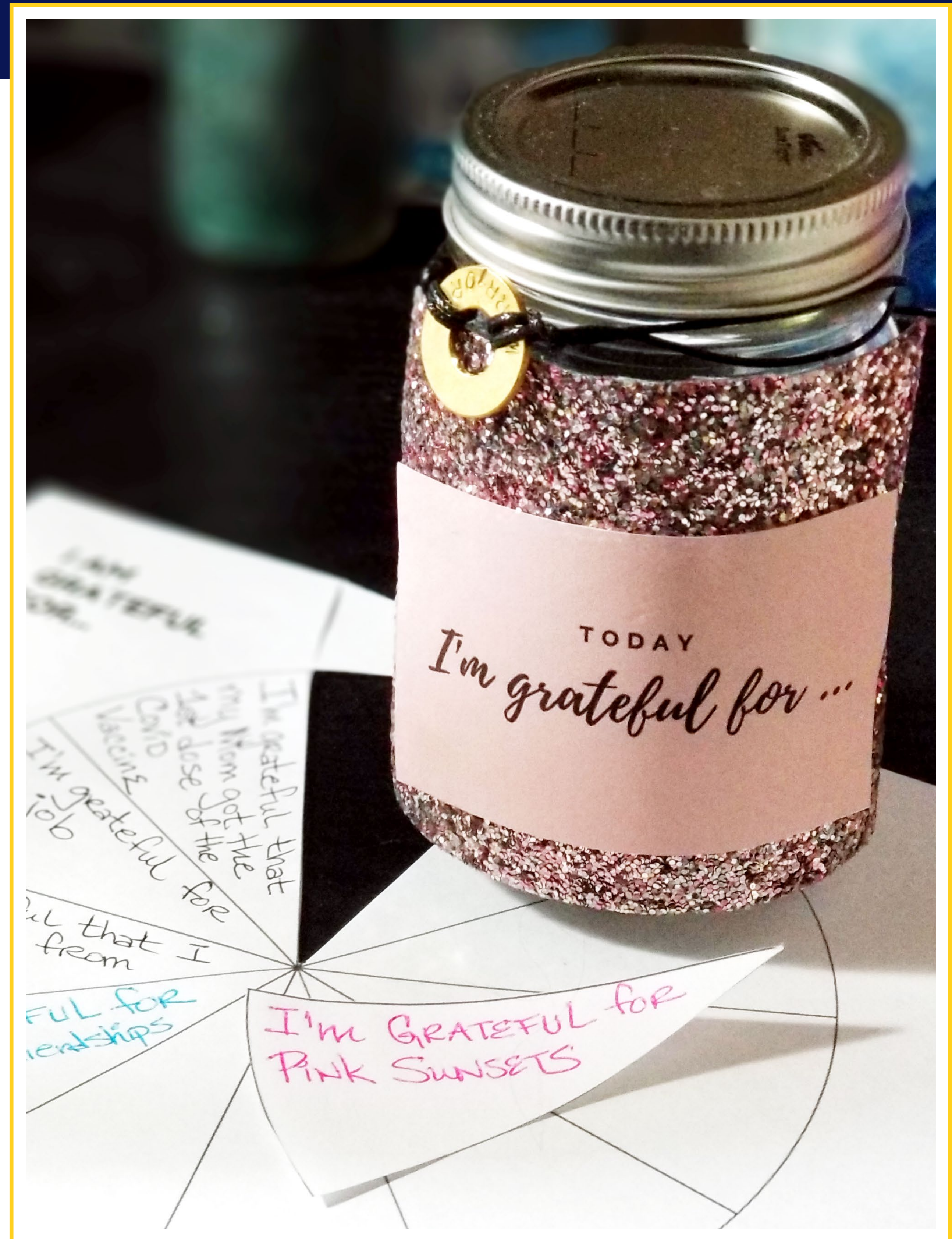
Program Consultant

### Slade Bellum

Finance & Operations Consultant

### Zachery Scott

Executive Director



“Gratitude Jar” Workshop; United American Indian Involvement, California



# Our Mission & Vision

**A** Window Between Worlds is dedicated to empowering individuals and communities impacted by violence and trauma through a transformative healing arts program.

We view art as a catalyst to release trauma, build resilience and ignite social change. When individuals create art in a safe community they can be heard and respected — replacing violence and shame with safety and hope.



1029 1/2 W. 24th Street  
Los Angeles, CA 90007

310-396-0317 • [AWBW.org](https://AWBW.org)



“Story Tree” Workshop; Vermont Network Against Domestic and Sexual Violence