

AWBW/ Windows Program Voices

This art has **helped me more** than 6 months of consistent therapy.

Participant, Center for a Non Violent Community

I know how much positive impact this program will have in our community, especially among the women whose human rights and human dignity have been violated. I am excited with all its **healing potential**, and can't wait to start implementing the workshops.

Windows Training Attendee, Esperanza Community Housing

I can feel myself **getting happy!** My anger is going into the clay.

Child Participant, SafeHouse Denver, Inc.

We are excited to share [at a conference] about how Windows has **changed the face of our program** and the lives of our clients for the better, and to hold space for a conversation about the right of all peoples to express themselves creatively.

Facilitator, YWCA of Greater Lafayette

As a survivor of sexual abuse, I like the fact that we don't always have to talk about it. I've been locked up since I was 15. I never had a chance to be a kid, these workshops help me to **let go of negativity**.

Participant, Just Detention International

I have observed [participants] increasing support for one another and **finding peace** for their own story.

Facilitator, Patton State Hospital

I feel **safe and supported** in art group more than anywhere else.

Child Participant, Community Violence Intervention Center

I liked doing this activity because I feel that I have never been **able to voice** what my body wants, it has always been used by others.

Participant, East Los Angeles Women's Center



This really **helped me deal** with the death of my son. I didn't realize I was going through all of this.

Participant, California Rural Indian Health Board, Inc.



After coming to this group, I **don't feel lonely** anymore.

Child Participant, SCOE/Art from the Heart

I am excited to share what I have learned not only with my clients but also my colleagues and community. The exercises helped me

get in touch with my creative and expressive side. I thought I had lost that part of me forever.

Windows Training Attendee, St. Johns Well Child

These workshops help me to **open up** to the fact that being abused was not my fault.

Participant, Wichita Family Crisis Center

The biggest difference with having art programs are that the clients will have **a form of release** without pressure unlike traditional support groups which are based on 'sharing and participation'.

Facilitator, La Casa, Inc.

I loved the class. I could **be myself again**. Thank you so much for letting me know that jail can't change who I really am.

Participant, Tri-Valley Haven - PREA

I'm still hurting and in pain. But this **gives me hope**. I don't feel stuck.

Participant, Su Casa

The healer carries wounds that are still healing. Thank you for helping me surface those in a **safe space** and working through them!

Windows Training Attendee, Interface Children & Family Services

I realize how strong I am for being able to get through this.

Child Participant, Child Protection Center, Inc.