AWBW/ Program Impact

Art workshop facilitators complete monthly reports, as well as fill out an annual evaluation, providing quantatative data about the impact of our arts program.

In 2018 AWBW...

supported 599 facilitators in 351 programs at 239 partnering organizations

These art workshop facilitators...

worked with 12,185 children/ youth and 19,744 adults

who participated in workshops **84,560 times**

Communities our partners work with:

Domestic Violence	90%
Sexual Assault	68%
Child Abuse/Neglect	44%
Behavioral/Mental Health	40%
Students	39%
Homeless	38%
LGBTQIA	35%
Substance Abuse/Recovery	34%
Immigrant/Refugee	26%
Human Trafficking	25%
Foster Youth	19%
Incarcerated	15%
Gang Involved/Impacted	15%
Other	15%
Veterans/Military	11%

AWBW facilitators agree that art workshops helped...

• Facilitators to make breakthroughs with participants who are difficult to reach and connect with: 96%



- Participants to open up and express emotions either in verbal or non-verbal way: 99%
 - Make a positive difference in participants' relationships and interactions with others: 93%
 - Participants to build resilience, self-esteem, strength and hope: 98%

• Improve collaboration between staff and participants, bridging gaps and building mutual trust: 96%

• Participants handle anger, conflict and communication in a more positive way: 89%

Adult participants are given the option to complete evaluations at the end of each workshop. In 2018 adult participants agreed that:

The art workshop helped me to...

- More easily express myself: 96%
- Feel more positive about myself and my future: 93%
- Open up about things I have not shared with others before: 82%
- Find courage to make healthy decisions for the future: 91%



AWBW/ Windows Program Voices

Not knowing where we will live is devastating – art helps clear my thoughts. Adult Participant

The children are showing personal growth in the area of trust and compassion. Children's Program Facilitator

The exercise helped empower me to see myself thriving with vitality, hope and happiness with my family. Adult Participant

I'm starting to see how the art lets me be me. Youth Participant, Age 15

When our clients cannot find the words, their art speaks for them. Adult Program Facilitator

This is so awesome, I will always remember my happy place when I look at this drawing. *Child Participant, Age 9*

Most of all I was able to remember who I am again so I can become whole. Adult Participant

Because of AWBW, our agency has increased our capacity to reach clients on a deeper level of understanding. Adult Program Facilitator

Leaving my dog with dad makes my heart sad. Doing art makes my heart happy. Child Participant, Age 10

I was able to take a moment in my hectic life and expel a secret hope for myself onto a canvas. This was very relieving. Adult Participant

It's amazing seeing a hurt and troubled child transform into a creative and positive one through the art. *Children's Program Facilitator* I get mad from school and yell at my mom, but today I can yell at the paper. *Child Participant, Age 10*

This workshop showed me new ways to piece myself back together stronger so that it won't be so easy to break me again. Adult Participant

This 9 year old child finally was able to express her feelings without feeling guilty. *Children's Program Facilitator*

Thank you for the program. I don't know where I would be without it. Adult Participant

> These [workshops] reinforce for participants that they are not alone, which has encouraged an openness to share and process trauma. Adult Program Facilitator

My picture is of a flower because flowers are so pretty and my life is going to be pretty too. *Child Participant, Age 5*

Hearing one of the children express that the workshop they participated in made them feel safe and strong was such a highlight for staff. *Children's Program Facilitator*

The art workshops give various residents the ability to communicate their experiences and envision their own solutions. Adult Program Facilitator

I like that I am able to do art, because sometimes I feel embarrassed and shy talking. Youth Participant, Age 14

This workshop helped me to think and feel things that were repressed for a long time. I could feel pressure being taken off as I worked on the art project. Adult Participant

