



AWBWI art transforming trauma
A WINDOW BETWEEN WORLDS

“It was easier for me to put paint to paper than say the words out loud.”

CHILDREN’S WINDOWS PROGRAM PARTICIPANT

WHO WE ARE

A Window Between Worlds is a 501(c)3 nonprofit based in Venice, California. We collaborate with human service agencies across the country, training and supporting the staff at these partner organizations in facilitating our healing arts curriculum with those impacted by violence and trauma. In 26 years, over 200,000 adults and children have participated in Windows workshops. Our goal is replacing violence and shame with safety and hope.



WHO WE REACH

Our network of partners includes domestic violence service centers, sexual assault agencies, homeless shelters, veteran’s programs, schools and universities, foster youth services, substance abuse treatment centers, prisons, community programs, and more.



PROGRAM IMPACT*

- 32,247 Participants
- 705 Trained Facilitators
- 210 Partner Organizations
- Adult Participants report that the Windows Program helped them to:
 - more easily express themselves: 95%
 - find courage to make healthy decisions for the future: 92%
- Facilitators report that the Windows Program improves children’s and youth’s:
 - relationships with parents: 87%
 - relationships with peers: 96%
 - sense of confidence and independence: 95%
 - ability to communicate in a non-violent way: 94%



TRAUMA AND ART

- Up to 70% of people will be impacted by trauma in their lifetime¹
- Up to 43% experience trauma by the age of 18²
- Creation of art³:
 - reduces distress
 - increases self-reflection and self-awareness
 - alters behavior and thinking patterns
 - has positive physical effects
 - causes specific brain regions to interact, leading to stronger resilience

HOW YOU CAN SUPPORT

Visit awbw.org to learn more about volunteering, donating and attending AWBWI events. With your generosity, we can continue to provide arts programming to those who need it most.

1,2: istss.org/public-resources

3: *How art changes your brain.* doi:10.1371/journal.pone.0101035

*All data from 2017 reports and evaluations