# **AWBW/Trauma-Informed Approach**

As the field of Trauma-Informed Care grows, AWBW stays up-to-date with current trends. SAMHSA (Substance Abuse and Mental Health Services Administration) has six principles of trauma-informed care, which our programs and evaluations have addressed since we were first founded. Below are the principles with related program results from 2016.



#### **SAFETY**

88%
of adult participants
report that the workshops
allowed them to open up
about something they had
not shared before



### TRUSTWORTHINESS & TRANSPARENCY

91%
of Children's Leaders
report increased trust
in staff and willingness
to use staff support
more readily



## PEER SUPPORT & MUTUAL SELF-HELP

95%
of Children's Leaders
report a positive impact
on relationships between
children/youth and
their peers

#### 4 COLLABORATION & MUTUALITY

95%
of Adult Leaders
report that the workshops
positively impacted parents
relationships with their
children



# EMPOWERMENT, VOICE & CHOICE

89%
of Adult Leaders
report that the workshops
helped participants open
up and express
themselves

6

# CULTURAL, HISTORICAL & GENDER ISSUES

94%

of adult participants report they are now more likely to take steps to break the cycle of violence

SAMHSA Trauma-Informed Care information: www.samhsa.gov/nctic/trauma-interventions