# **AWBW/Adult Program Impact**

Windows Leader's complete monthly reports for the workshops they facilitate, as well as fill out an annual evaluation, providing quantatative data about the impact of our programs.

In 2016 AWBW...

launched **21 new adult programs** 

supported 642 Adult Leaders at 198 sites

#### These Windows Leaders...

#### worked with 17,970 participants

(each adult participating in an average of 2.4 workshops)

#### Participant demographics:

Female: 88% Male: 12% Other: 0%

18-25 years old: 20% 25-35 years: 40% 35-65 years: 32% 65+ years: 8%

African American: 16% Asian/Pacific Islander: 7% Latino/Latina: 41% Native American: 3% White: 28% Other: 5% Out of 114 adult sites submitting annual evaluations, 94% agreed that the art workshops help participants take decisive steps in their lives to break the cycle of violence. Adult Windows Leaders also reported that:



## Windows Programs are highly effective in helping adults to...

• Take time to tune into their needs and future goals: 93%

- Make breakthroughs that enable them to take decisive steps forward in their lives: 94%
  - Use professional counseling support: 96%

Adult participants are given the option to complete evaluations at the end of each workshop. In 2016<sup>\*</sup> Adult Windows Program participants agreed that:

### Windows Programs helped me to...

- More easily express myself: 95%
- Open up about things I had never shared before: 88%
- Identify the difficult things I was experiencing: 88%
- Feel more positive about myself and my future: 94%
- Find courage to make healthy decisions for the future: 92%
- Have a better relationship with my children: 86%

\* We received 2,917 participant evaluations in 2016