

AWBWI / A WINDOW BETWEEN WORLDS

2015 Adult Windows Program Results

Windows Leader's complete monthly reports for the workshops they facilitate, as well as fill out an annual evaluation, providing quantitative data about the impact of our programs nationwide.



In 2015 AWBW...
 launched
24 new adult programs
 supported
640 Adult Leaders

These Windows Leaders...

facilitated
5,760 workshops
 at **195 sites**

worked with
13,289 unique participants
 (each adult participating in an average of 3.4 workshops)



Participant demographics:

Female: 89%
 Male: 11%
 Other: 0%

18-25 years old: 24%
 25-35 years: 38%
 35-65 years: 32%
 65+ years: 6%

African American: 15%
 Asian/Pacific Islander: 7%
 Latino/Latina: 41%
 Native American: 6%
 White: 30%
 Other: 2%

Out of 108 adults sites submitting annual evaluations, 95% agreed that the art workshops help participants take decisive steps in their lives to break the cycle of violence. Adult Windows Leaders also reported that:

Windows Programs are highly effective in helping adults to...

- Take time to tune into present needs and future goals: 90%
- Make breakthroughs, specifically those with the most difficulty connecting: 86%

Adult participants are given the option to complete evaluations at the end of each workshop. In 2015* Adult Windows Program participants agreed that:

Windows Programs helped me to...

- More easily express myself: 95%
- Open up about things I had never shared before: 81%
- Identify the difficult things I was experiencing: 85%
- Feel more positive about myself and my future 93%
- Find courage to make healthy decisions for the future: 92%
- Have a better relationship with my children: 84%
- More likely to break the cycle of violence: 95%



* We received 3,960 participant evaluations in 2015

AWBWI / A WINDOW BETWEEN WORLDS

2015 Children's Windows Program Results

Windows Leader's complete monthly reports for the workshops they facilitate, as well as fill out an annual evaluation, providing quantitative data about the impact of our programs nationwide.



In 2015 AWBWI...

launched
27 new children's programs

supported
533 Children's Leaders

These Windows Leaders...

facilitated
6,316 workshops
at **166 sites**

worked with
10,525 unique participants

(each child/youth participating in an average of 4.6 workshops)

Participant demographics:

Female: 60%
Male: 40%
Other: 0%

0-2 years old: 9%
3-5 years: 18%
6-12 years: 48%
13-17 years: 24%

African American: 16%
Asian/Pacific Islander: 13%
Latino/Latina: 36%
Native American: 7%
White: 25%
Other: 4%

Out of 90 children's sites submitting annual evaluations in 2015, 98% reported witnessing significant growth and healing in children/youth that participated in art workshops over a period of time. Additional observations by trained Children's Windows Leaders include:

Windows Programs are highly effective in helping children/youth to...

- Open up and express themselves: 92%
- Build trust with staff and use support more readily: 90%
- Envision positive impacts they want to have on their life and the world around them: 84%
- Reduce self-destructive behaviors: 71%
- Make breakthroughs, specifically those with the most difficulty connecting: 83%



Windows Programs improves the children's/youth's...

- Sense of confidence and independence: 100%
- Ability to handle anger, conflict and communication in a non-violent way: 99%
- Levels of depression, anxiety and fear: 94%
- Relationships with both parents and peers: 93%

