## AWINDOW BETWEEN WORLDS 2015 Adult Windows Program Results

Windows Leader's complete monthly reports for the workshops they facilitate, as well as fill out an annual evaluation, providing quantatative data about the impact of our programs nationwide.

In 2015 AWBW...

launched

24 new adult programs

supported

**640 Adult Leaders** 

These Windows Leaders...

facilitated

5,760 workshops at 195 sites

worked with

13,289 unique participants

(each adult participating in an average of 3.4 workshops)

Participant demographics:

Female: 89% Male: 11% Other: 0%

18-25 years old: 24% 25-35 years: 38% 35-65 years: 32% 65+ years: 6%

African American: 15% Asian/Pacific Islander: 7% Latino/Latina: 41% Native American: 6%

White: 30% Other: 2% ut of 108 adults sites submitting annual evaluations, 95% agreed that the art workshops help participants take decisive steps in their lives to break the cycle of violence. Adult Windows Leaders also reported that:



Windows Programs are highly effective in helping adults to...

• Take time to tune into present needs and future goals: 90%

 Make breakthroughs, specifically those with the most difficulty connecting: 86%

Adult participants are given the option to complete evaluations at the end of each workshop. In 2015\* Adult Windows Program participants agreed that:

Windows Programs helped me to...

• More easily express myself: 95%

• Open up about things I had never shared before: 81%

• Identify the difficult things I was experiencing: 85%

• Feel more positive about myself: and my future 93%

• Find courage to make healthy decisions for the future: 92%

 Have a better relationship with my children: 84%

 More likely to break the cycle of violence: 95%



<sup>\*</sup> We received 3,960 participant evaluations in 2015